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# TKD Talk

The Official Magazine of ITF NZ Taekwon-Do

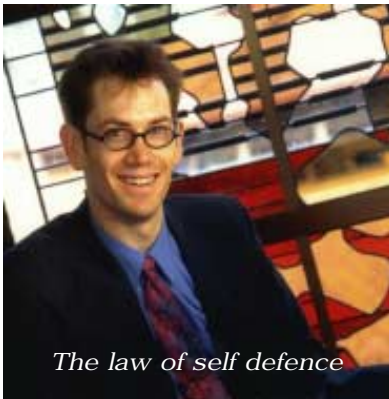
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*Mr Lawrence Mantjika - NZ Team Member for 2001 ITF World Championships in Italy  
For progress of the team see [www.itfnz.org.nz/news/italy](http://www.itfnz.org.nz/news/italy)*



The Law of Self Defence

Rich Club, Poor Club



*The law of self defence*



*Rich Club, Poor Club*



*Roseanne Te Hau*

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Send your articles, letters and advertisements to  
[tkdtalk@itfnz.org.nz](mailto:tkdtalk@itfnz.org.nz)

**Editor**

APRIL 2001



Hayden Patrick Breese

Editor of TKD Talk

**T**his year is shaping up to be a big one! The Instructors' Conference, 20-23 September, is going to be a historic event. Then there is also the Taekwon-Do World Championships to be held in Italy in July. Not forgetting the other big local event, the 2001 national championships. If you are lucky enough to be able to get to one or all of them I am sure you are going to have experiences you will remember for a life time.

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## President's Corner

## Letters

APRIL 2001

### Dear Editor

I recently purchased the three volume biography of General Choi Hong Hi. What an amazing life and a great read. Once I started reading it I couldn't put it down, much to the dissatisfaction of my wife and family. It has served as a good source of inspiration for me and I will be using it to inspire my own students for years to come. If anyone is thinking about getting a copy, it is an invaluable collector's item and club resource. It comes from me highly recommended.

Satisfied Instructor

*I have had a similar experience, the book is great, it answered all the questions I had about the General, Taekwon-Do and more.*

**Ed**

### Dear Editor

In response to the letter on chest protectors for females, I have one and find that I spar with more confidence, especially against the boys.

### Since the last issue of TKD Talk in November 2000, two milestones have been achieved.

The first milestone is the formation of the Taekwon Do Council of New Zealand Inc. Any NZ Taekwon-Do organisation with 500 members or more may join the council. To date ITFNZ and TUNZ are its foundation members. The aim of the council is to promote TKD in NZ, obtain appropriate funding and eventually select a combined team to represent NZ in the Olympic Games.

The second milestone is the merging of ITFNZ and NZ Taekwon-Do

Academy (NZTA) on 6 February, 2001. This came about because ITFNZ have had more contact with NZTA and Mr Harry Hemana during the last year resulting in a merger meeting held in Auckland in December last year. On behalf of ITFNZ, I want to extend a warm welcome to Mr Hemana, his instructors and students into the family. I hope all of you will join in with all our activities planned for year 2001.

The National tournament will be held in Auckland in July and a Taekwon-Do Conference is planned for September. Both are important events. Please be sure to keep these two weekends free of other engagements.

## Snippets from the Executive Committee Meeting

Send your letters to:  
tkdtalk@itfnz.org.nz

### December 2000 Meeting

- A merger meeting was held with Mr Harry Hemana and Mr Blair Martin of NZ Taekwon Do Academy. It was agreed that the status of their students and instructors would remain unchanged if the merger proceeds. It was resolved unanimously "That ITFNZ accept the merger with NZTA."

(The two organisations were merged on 6<sup>th</sup> February, 2001).

- The Taekwon-Do Council of New Zealand Inc. was formed. The following office bearers were appointed to the Council: Ms Margaret Pepper as

Treasurer, Mr Norman Ng as Vice President and Mr Danny Ward as Council Member.

- The 2001 budget was presented but a number of initiatives had to be chopped to minimise the deficit.
- It was resolved "That the UGS only uses the Annual Registration fees as income."
- It was resolved "That clubs who cancel a grading without 4 weeks' notice will be billed for any expenses incurred in the changing of itinerary, plus that the examiner still will not perform that particular grading."

- All forms will go on line.
- It was resolved "That ITFNZ take out property insurance and public liability insurance."

If enough clubs joined in the public liability insurance scheme, the individual premium could be reduced. Contact your Regional Directors for more info.

- The Marketing Sub-committee shall control the promotional grants and it shall liaise with the RD's as to the best use of the grants in the promotion of TKD.

# Taekwon-Do and the Law of Self Defence

Know your rights as a human weapon

**Mark Banicevich, III dan Papakura,**

Barrister and Solicitor of the High Court of New Zealand

**“Every one is justified in using, in the defence of himself or another, such force as, in the circumstances as he believes them to be, it is reasonable to use.”**

Crimes Act 1961, section 48.

At the Auckland Regional Camp in June I found myself discussing the law of self defence with a few fellow students. I was surprised to discover how diverse and inaccurate their understanding of our law was.

Criminal law was one of the subjects I had to study at Law School and I wrote an essay on this subject for my 2<sup>nd</sup> dan in 1994. I decided to put an article together and run it past a few people in the field to give our students a brief but accurate understanding of how their study of Taekwon-Do fits in with the law of self defence in New Zealand.

In this article, I will:

- dispel a number of urban myths about self defence;
- outline how legal defences work;
- explain the law of defence of yourself or another person; and
- compare the law of defence of property.

## Urban myths

There are a number of rumours about self defence and the law. The following points dispel a few of the most inaccurate ones.

*Martial art black belts do not have to register themselves as deadly weapons.*

There is no police register of black belts or martial artists. Your mugshot will not appear on the Wanganui computer with “Taekwon-Do black belt” next to it.

*If you are attacked, you do not have to warn your attacker that you do a martial art.*

The fact that your attacker does not know that you do a martial art is one of the most powerful tools of self defence that you have. Do not throw it away by informing your attacker that they need to be careful when they attack you!

*There is no requirement to retreat before you use physical force. Further, you can attack first if the situation is serious enough.*

Physical force should be avoided if possible. However, you should not retreat or wait until your attacker uses force if to do so would put you in serious danger. If it is necessary, get them before they can get you.



## Legal defences

As a result of using Taekwon-Do to defend yourself (or someone else), you may find yourself in court. You might be taken to court by the police, or another citizen if you have harmed their property.

If this occurs, the police or citizen must first prove that you have done the act that they allege. If they succeed, *you* must prove that you did it while you were defending yourself or another person within your legal rights. Your legal rights are outlined in the next section.



What this means is that you may go to court. However, remember two things: (1) you are better off in court than in hospital; and (2) if you are not excessive in your use of force you will have done nothing wrong and you will not be found guilty or liable.

## Self defence and defence of another

The law of self defence appears in section 48 of the Crimes Act 1961. It is quoted at the top of this article. It relates to defending yourself or another person. You do not need to know the person you are defending – so you can be a “champion of freedom and justice” if the situation arises.

The wording of the law contains two very clear elements. There is the defender’s belief in circumstances (a subjective element) and reasonable force (an objective element).

The subjective element means the judge bases a decision on what *you thought was happening* – even if you misunderstood the circumstances. However, you must convince the judge of your honest belief at the time. For example, you are approached by two large men on a Saturday night in town. They look menacing and you think they are going to mug you. You throw



the bottle you are holding at the closest man, knock a nearby rubbish bin down between you and run for it. The judge considers the circumstances based on what you thought. The actual circumstances (perhaps they only wanted to borrow a lighter) are not relevant.

The objective element means the *judge decides what is reasonable force* in those circumstances. In the above scenario, you might argue that it would be reasonable to attack both men, knocking them unconscious and breaking a few of their limbs. What you think is reasonable is not relevant – it is the decision of the judge. In addition, if the judge decides you have used too much force, you are tried on the full amount of force, not just the excess.

The word “justified” means that this defence can be used against any legal action – whether brought by the police or another citizen. For example, self defence might be applicable against a police charge of careless driving or wilful damage. In addition, if you damaged property in a shop while defending yourself, you can plead self defence if you are sued by the shop owner.

### Defence of property

The various defences that allow us to protect our property are much weaker than defence of people. In many cases, if you plead defence of a thing, the judge decides both the actual

# TAEKWON-DO & THE LAW OF SELF DEFENCE

circumstances and reasonable force. The defender’s interpretation of the circumstances is not relevant.

This distinction is very important. For example, if you find someone breaking into your home, you may use less force to protect the building and its contents than you can to protect yourself and your family. Ironically, if you find someone breaking into your home, there is likely to be a very real risk to you. Always raise this with the police as more important than your fear for your property.

Another example is defending yourself against someone who tells you to give them your wallet. If you say, “I wanted to stop him from taking my wallet,” you are defending your property. It is stronger to say, “I was not going to give him my wallet, but he looked menacing and I thought if I didn’t defend myself, he would try to seriously hurt me.” This turns the same confrontation into self defence.

### In conclusion

We have a very practical law of self defence. It is practical because it can work for you even if you don’t know what the law is. However, you will be in a stronger position if you understand your rights.

There are a number of urban myths relating to self defence. If you hear them floating about, they are not true.

You may defend yourself, or another person with reasonable force in the circumstances. The law considers your honest belief in the circumstances, but the judge decides what force is reasonable.

Finally, remember that the law of self defence is much stronger than defence of property. Remember your immediate concern may have been for your property, but there is often a very real risk to yourself, which the law considers more worthy of defending.

## Cover Story

### Acknowledgements

*I would like to thank the following people who read this article to ensure it is not misleading or inaccurate:*

*Associate Professor Bernard Brown, The University of Auckland, Faculty of Law*

*Mr Evan Davidson, VI dan, Te Awamutu, New Zealand Police*

*Mr Peter Fuiava, Henderson, Solicitor*

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# Rich club, POOR CLUB

## What the rich clubs tell their students about fundraising that the poor clubs don't

A team of young and talented New Zealand competitors left for the Junior World Champs in North Korea. What really made this New Zealand team special was the overwhelming financial support they received from family, friends and local business. To the surprise of many, these athletes were able to fund large amounts of their costs if not the complete trip. We are not talking small amounts of money here. The trip cost over \$5000 dollars per person. How did they do it? Good managers, a little bit of smarts but most of all the will to go out and do what it takes. Whether it is club fundraising or the money necessary to travel to take on the world, you could do the same if you are willing. It may not happen over night but it will happen.

Clubs need money to purchase equipment and to subsidise trips to tournaments and camps, and for many other reasons. The following ideas are an attempt to try and provide some examples of the wide variety of ways to raise funds.

### Grants

Charities and lotteries are always advertising on television for clubs or activities to give out money to. If you have specific events you need funded, this is ideal. Pubs are bound by law to give away money from gaming machines. Unfortunately, it is often to those clubs that frequent the pub with regular patronage and consume their products. However, a recent crackdown by the government means that access to these funds is more readily available.

You need to have specific events or activities to fund and they only apply to things in New Zealand and usually in the local area. It is best to ask for money for specifics i.e. uniforms, tournaments, equipment, and events. Be prepared to fill out some forms for your requests. It takes time to build personal relationships with the managers, but this is worthwhile. They are required to give the money away by law, but as I said they prefer those clubs who frequent their premises. Therefore, arrange one place for functions to be held every time you have a social event. Make sure that important people in the bar know who you are. Submit requests for funding that are unrealistic wish lists, you would be surprised how deep the coffers go. I.e. ask for 100 get 60 ask for 1000 get 700. I remember being involved in a conversation with

a bar owner who said that he had given away \$100,000 to local rugby, the max allowed, and couldn't find anywhere else for the other \$200,000.



### Advertising

This is the most difficult form of fundraising because low public exposure sports, like Taekwon-Do, find it hard to get advertisers to come on board, especially if the supporting industry is not large. For example, martial arts equipment suppliers make up the main supporting industry of Taekwon-Do, and then you have nutritional products and clothing. Sometimes if you are really lucky you can get big name brands from other industries also.

Local advertising, therefore, is the best option. Go for a many-giving-less approach. \$50 here, \$50 there. Give plenty of info right from the start. What will they get: logo on posters? Naming rights? How many people will see it? What are those people like?

Are they kids or mums and dads, and are they likely to buy the advertisers product after seeing Taekwon-Do. Usually advertisers like sports drinks and snacks are good, but local firms that give money to local clubs are even better.

### Sponsorship

Getting sponsors for events or activities takes commitment and hard work. The Junior World Champs team and their families will tell you all about that. But if you do put the time in the benefits are enormous.

Sponsorship has a lot to do with how you present yourself, your sport and your activities, and events. For example, in the case of a series of Under 18 tournaments we might consider calling it a junior league, make a logo and a two page outline, objectives, outcomes, strategies and present that to potential sponsors.

Approach firms for sponsorship. Sometimes the money is right on your doorstep. How many parents work for firms with money to give out? Quite a few. How many haven't been asked to get involved or support an event?

Get a group together and have fun while earning money. Offer to do TKD demos at malls and shop openings. Using competitions, arrange to sell scratchies where the winners get a prize of two weeks' training - sounds good, doesn't really cost anything, more people start training, and we raise money. Profit tournaments can work. Set up an event primarily for public interest. Run it at an appropriate time, might only be three hours long, might be at night, might be black belt only,

## Fundraising

### RICH CLUB, POOR CLUB

might have team sparring with tag in and tag outs, might have spectacular aerial breaking, and might have patterns with costumes and music. It could be advertised at universities, at supermarkets, schools and on the radio for relatively low cost. This cost would be covered in a modest yet justified \$20 door fee. Some sponsorship is a handout; the exchange is the feel good or intrinsic gain of the giver. Never play the poor unsupported and under-funded Taekwon-Do sports-person. Sponsors want to see success; they want to see people doing well and giving their all. They want professionalism, and if it's done properly eventually the money will come. The tried and true traditional

methods like selling pies, sausages at The Warehouse, lollies, car washing, raffles, washing windows are all guaranteed ways of fundraising if you have the patience and the numbers to do it. So get out, make it fun, and earn some much needed funds.

### Entertainment events

Entertainment events can be used also. These can be dances, a quiz night, a slave sell (i.e. sell instructors on a catwalk for money) at a dinner/dance, invite parents and friends. The instructors as slaves for an hour, teach TKD to only their master. Try it, it could be fun.

I hope this provides an indication of the range of activities that are possible. Choice is usually determined by how much money you want to achieve, when you need it, and how many committed people are there to make it happen. I hope I have stimulated thought into some of the things that are possible. I am sure that you have many ideas to add and many experiences of times where you have set goals and achieved your financial targets. Please pass them on and email letters to the editor at [tkdtalk@itfnz.org.nz](mailto:tkdtalk@itfnz.org.nz)

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# An Interview with Mr Enrique Deacon

International Feature



MR ROLANDO LAU, A 4TH GUP FROM LIMA-PERÚ, INTERVIEWS MR ENRIQUE DEACON, 5 DAN AND PIONEER OF TAEKWON-DO IN PERÚ. MR DEACON IS THE OFFICIAL ITF CONTACT FOR PERÚ:

## A pioneer of ITF Taekwon-Do from the land of the Incas.

By Rolando Lau 4<sup>th</sup> Gup  
Lima-Perú South America

Some people say that things that are good are temporal, but in Taekwon-Do are forever. It is not something at which to excel quickly and easily. Is a long and very hard way. Everything you do in your life (good and bad) directly influences your way, the way of Taekwon-Do.

In my country, Perú, as in many places in the world, people need to know something that can help them to be better, to think without anger, without violence; just thinking about the way to be better everyday. I am not perfect, but in my opinion ITF Taekwon-Do has helped me to know the concepts of the right way of thinking and doing things. Indomitable Spirit is an inspiring Tenet, especially in a country where people live in a situation of change and hope.

That's why I decided to interview Mr Enrique Deacon. To know more about the person who wants to share with all the Peruvians a new way of life that helps people to be better in body and mind.

**RL: When did you begin practicing Taekwon-Do?**

**ED:** I began practising Taekwon-Do in 1976 in Lima-Perú. At that time Taekwon-Do wasn't known in Perú's martial arts circles. I began my training under a student of Master Kim Geung So, a Korean instructor. Then, in the '80s, I contacted General Choi and traveled to Argentina to learn under Master Kwang Duk Chun, until I received my IV degree.

**RL: What are your main achievements in Taekwon-Do?**

**ED:** Well, I became the pioneer of Taekwon-Do in Perú, and in 1985 I was named the Official Representative of General Choi and ITF in my country. In 1987 I founded the Peruvian Taekwon-Do ITF Association (ITF national governing body for Perú) and in 1990 I founded the Peruvian International Taekwon-Do Institute, which became the main Taekwon-Do School in Perú.

I had the honor of assisting General Choi and acting as a translator for him in seminars throughout Central and South America, such as Guatemala, Nicaragua, Honduras, Chile, Argentina and Perú. I also assisted Master Choi Jung Hwa in seminars he held in various cities in Argentina in the late '90s.

**RL: Having assisted General Choi in different countries, what main differences you see from Taekwon-Do practiced in Perú?**

**ED:** What I can testify is, because of the enormous effort of General Choi's teachings all over the world since the 1980's, ITF Taekwon-Do has been greatly standardized and now it should be a matter of pride for all Taekwon-Do students that are practising the same Taekwon-Do with the same dobok all over the world.

Of course, there are countries in which Taekwon-Do was introduced maybe thirty or forty years ago, by renowned Masters, and they are enriched by tradition, showing a high level of performance in international tournaments.

**RL: What message would you like to give to Taekwon-Do students around the world?**

**ED:** As General Choi always says, Taekwon-Do is a martial art: both self defense and moral culture. To become a great exponent of Taekwon-Do, we have to develop a high level of technique and a strong and moral character, through hard training and following Taekwon-Do tenets and philosophy. [

## Special Acknowledgements:

*Mr Enrique Deacon, 5 dan ITF*

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*Mr Luis Iriarte Ramos, 6<sup>th</sup> gup, photograph scanning*

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# ITFNZ Taekwon-Do Awards 2001



## Counties-Manukau, July 2001

### It's that time of year again!

The Inaugural ITFNZ Taekwon-Do Awards last July were a great success. The time to make nominations for the 2001 Awards is already upon us. This year, all nominations must be received by each region's Marketing Committee representative before 31 May 2001, so get started! Representative contact details are listed at the bottom of the nomination form.

A little advice we would like to pass on after last year: the selection committee do not know the activities of everyone in ITFNZ Taekwon-Do. Selections are based entirely upon what is *written in the nomination*. Be



sure to write clearly why your candidate should receive the award, including a list of his or her activities *in the past year*.

### The ITFNZ Taekwon-Do Awards

The ITFNZ Taekwon-Do Awards recognise the efforts of ITFNZ members. To receive one of these awards is the most prestigious recognition a member can have. This year, five awards will be presented at the National Dinner:

- (1) Dan student of the year
- (2) Gup student of the year
- (3) Instructor of the year
- (4) Club of the year, and
- (5) The President's Award for outstanding Contribution to Furthering ITFNZ

In addition to the awards, other items will be presented at the dinner (if any):

- (1) International instructor certificates
- (2) Certificates for fourth dan and above
- (3) ITF umpire certificates, and
- (4) ITFNZ Taekwon-Do Honorary Life Membership awards.

### The selection procedure

(1) **Nominations are made by members and instructors and presented to the nominator's Marketing Committee representative. There are two types of nomination (discussed below) – regular nomination and special nomination.**

(2) Each region selects one Regional Nominee for each award at a regional meeting, and presents the Regional Nominees to Mr Mark Banicevich. The Marketing Committee representative is responsible for his or her region having one Regional Nominee for each award, if a potential recipient exists. Regional Nominees must be received by Mr Banicevich no later than 30 June 2001.

(3) An executive subcommittee selects the recipient of each reward.

**Regular nomination** – each year each instructor nominates one person for each award. This person does not have to be from their club. Nominations are presented to the Marketing Committee representative of the nominator's region.

**Special nomination** – any member of ITFNZ Taekwon-Do may nominate any other person for an award. A special nomination must be seconded by another member of ITFNZ Taekwon-Do. The nomination is then presented

## Events

to the nominator's Marketing Committee representative to be considered together with regular nominations for the region. Each member can nominate one person per award per year only.

### Format for nominations

Regular nominations and special nominations must include a written summary of why the nominee should receive the award and a list of the nominee's activities in the past year. These nominations must be accompanied by a copy of the appropriate form (available from [www.itfnz.org.nz](http://www.itfnz.org.nz) or your instructor).

**Regional Nominations include all nomination documentation, plus an additional summary if desired.**

Date of awards: 28th July

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# ITF NZ AWARDS NOMINATION FORM

## ITF NZ Taekwon-Do Awards

### Nomination form

Date of awards: 28th July 2001

Award (circle):  
(1) Dan student of the year  
(2) Gup student of the year  
(3) Instructor of the year  
(4) Club of the year  
(5) The President's Award

Nomination type:  
(circle) Regular nomination / Special nomination

**Nominee name:** \_\_\_\_\_

ITF NZ Taekwon-Do Club: \_\_\_\_\_

Nominating member:  
(or instructor) \_\_\_\_\_

Signed: \_\_\_\_\_

ITF NZ Taekwon-Do Club: \_\_\_\_\_

Seconding member: \_\_\_\_\_

(Special nominations only)

Signed: \_\_\_\_\_

ITF NZ Taekwon-Do Club: \_\_\_\_\_

Attachments:

Attach a short summary of why the nominee should receive the award and a list of what the nominee has done in the past year.

Submission:

This document and its attachments must be received by your regional Marketing Representative by 31 May 2001.

Auckland North	Central Districts	Counties-Manukau	South Island	WaiBOPTar	Wellington
H. Breese	D. Ballard	M. Banicevich	J. Pearson	K. Livingstone	D. Ward
PO Box 8803	171 West St	PO Box 72-152	7a Salisbury Ave	59b Seaview Rd	Top Flat
Symonds St	Feilding	Papakura 1730	Mt Cook	New Plymouth	76 Para Ave
Auckland			Wellington		Miramar

**CURRENT ITFNZ SALES PRICE LIST AND ORDER FORM**  
**Effective 1st March 2001. (All prices G.S.T. Inclusive)**

**ITFNZ Taekwon-Do Uniforms:**

Uniform set includes ITF and ITFNZ badges, printed dobok back and trouser logo.  
 Medium wash & wear fabric, elastic waistband in pants, zip front. White belt included with kup uniform.  
 Freight: Auckland - 1 or 2 dobok: \$3.00, Rest of NZ - 1 dobok \$5.00, 2 dobok \$8.00. Larger orders please contact for freight cost.

**SIZES/Prices (excludes Freight)**

Size	Kup Set	Separate Jacket	Separate Trousers
Size 0 (5-7yrs)	\$68.00	\$43.00	\$25.00
Size 1 (8-11 yrs)	\$74.00	\$47.00	\$27.00
Size 2 (Small adult)	\$80.00	\$50.00	\$30.00
Size 3 (adult)	\$87.00	\$52.00	\$35.00
Size 4 (XL)	\$89.00	\$54.00	\$35.00
Size 5 (XXL)			\$40.00

Black Belt Dobok - add \$10 to prices above for set or jacket, 4th dan dobok - add \$15 to prices above for set or jacket

**OLD or MARKED STOCK** (limited quantities - **badges need to be sewn on**)

Sizes 4 & 5	Kup Set	\$65.00 (includes badges)	
Sizes 2	BB Set	\$50.00 (includes badges)	(black ribbon could be removed)
Sizes 2,4,5	4th Dan Set	\$60.00 (includes badges)	(black ribbon could be removed)

**MASTER LEONG TKD BOOK**

Covers material from 10th - 1st Kup. Hardcover book, B&W photographs.  
 Profits from sale of book donated to Indonesia ITF Price: \$80.00 plus postage (AK \$3.00, Rest of NZ \$5.00)

**CD-ROM**

We have a few Legacy CD-ROM left in stock. These are a limited edition and are individually numbered.  
 They are \$230.00 (including postage) for ITFNZ members, to anywhere in New Zealand.

**General Choi Biography** - **The Memoirs of General Choi, Hong Hi, the Founder of Taekwon-Do**

3 volume set (see flier) \$NZ90 (overseas selling for \$US89)

Badges: ITF and ITFNZ	\$8.00 each incl postage	ITF Tree Back Patch	\$6.00 each incl
ITFNZ Techniques Handbook	\$2.00 each incl postage	ITFNZ Car Sticker	\$2.00 each incl

**Also available:**

**Taekwon-Do Training Manual by Paul McPhail**

This manual outlines all the basic techniques of Taekwon-Do and is the ideal companion for beginners and advanced students in Taekwon-Do, giving detailed descriptions and photos of how to perform the movements. It also includes a history of Taekwon-Do in New Zealand with previously unpublished information and photographs. Over 80 pages, over 200 photographs.

**ORDER FORM:**

Post to ITFNZ SALES, 26 Merton Road, St Johns, Auckland.  
 Enquiries ph/fax 09-521-3244, or email [suebreen@monstar.co.nz](mailto:suebreen@monstar.co.nz)  
 Please make your cheque out to ITFNZ. Unless previously negotiated, all orders must be paid in full when ordering.

NAME: \_\_\_\_\_ Phone: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ Email: \_\_\_\_\_

DESCRIPTION	SIZE	QTY	UNIT PRICE	TOTAL

**Freight:**

**TOTAL:**

## Product

## Chest protectors

A recent press release from Technology New Zealand quoted "Bouncing breasts intrigue Max Rutherford". Well really he prefers to be known as the man that's into women's underwear!

However, Max does work hard to continually improve his Quality Performers products to hold his position as a major supplier of this type of chest protector. It all started from humble beginnings in New Plymouth, around 1981, to now supplying almost every major Martial Arts equipment supplier in the world including Adidas, Kamikaze, Kwon, Blitz, Top Ten and many others. Agents are in all the major countries and also minor markets such as Ukraine, Chile, Hungary and South Africa.

Main products are the Econo Guard and Maxi Guard. The original Econo Guard uses a flexible plastic shield held in place by elastic straps with conventional bra fasteners. The more recently developed Maxi Guard uses a snug fitting crop top to hold the plastic protector in position with the aid of a double front pocket system. The protector is easily inserted or removed while the crop top is being worn. The crop tops have recently been further improved by using Tactel, which is one of the better known "cool and dry" fabrics made by Dupont.

Women boxers also now wear the Maxi Guard in New Zealand and Ringside in USA supply the American women in boxing. Several 'rip-off' copies of Max's products have appeared but none can match the quality or the CE approval.

A major reason for the success of the products in Europe has been the gaining of the CE mark. This is a very tough safety test which must be undertaken in a testing laboratory in any country of the EU, and then the product can be sold in any European country.

A further help in sales has been the gaining of the endorsement of the World Taekwondo Federation for the Maxi Guard. A list of New Zealand agents is included in the advertisement in this issue. Full product details are available on the company web page:

[www.qp-sport.co.nz](http://www.qp-sport.co.nz)



## Student Profile

# *The multi-talented Roseanne Te Hau*

Most people would love to be good at two sports. Roseanne's performances in both Taekwon-Do and track and field are outstanding.

According to the paper Our Town Papakura, Taekwon-Do student "Roseanne Te Hau is fast becoming one of the region's, if not New Zealand's most promising track and field talents."

She had nine races in two days and won them all, plus the discus, shot put and relay events on top of that.

In Taekwon-Do, Roseanne is ranked first in both the region and New Zealand in the under 16 age group. These types of rankings are similar to the performances of future New Zealand representatives at her age.

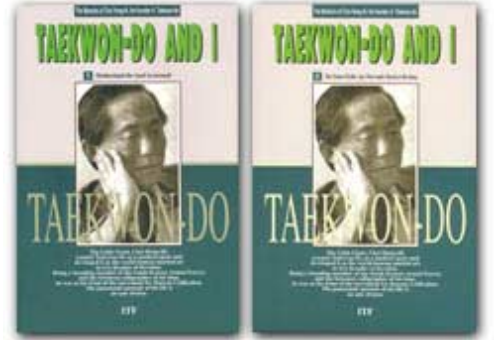
The challenge for most junior Taekwon-Do sports people in reaching the highest levels of the sport is the many distractions that life throws in along the way around the teenage years.

Even with her success in track and field Roseanne loves Taekwon-Do and is committed to competing in both sports for a long long time.

**NEW**

# **The Memoirs of General Choi Hong Hi, the Founder of Taekwon-Do.**

“General Choi Hong Hi created Taekwon-Do and developed it as the world-famous martial art in two decades of devotion. Being a founding member of the South Korean Armed Forces and the foremost calligrapher of his time, he was at the front of the movement for Korean Unification. The panoramic memoir of his life is an epic drama.”

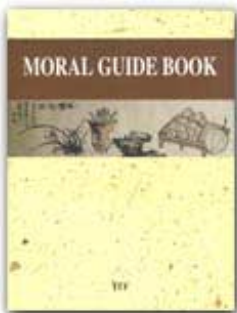


## **Volume 1**

### **Motherland: the Land in Turmoil**

## **Volume 2**

### **The Vision of Exile: Any Place under Heaven is Do-Jang**



The Moral Guide Book is a collection of maxims and teachings by ancient wise men, intended to aid in establishing a lifestyle based on a solid code of morality.

## **Volume 3**

### **Moral Guide Book**

**\*\*\* Only \$NZ90 \*\*\***

**for the 3-volume set.**

**(overseas selling for \$US89)**

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### **Order Form**

Post to ITFNZ SALES, 26 Merton Rd, St Johns, Auckland.

Please make cheques out to ITFNZ.

All orders must be paid in full at time of ordering.

#### **Enquiries**

Phone (09) 521-3244

Fax (09) 528-4149

E-mail [suebreen@monstar.co.nz](mailto:suebreen@monstar.co.nz)

NAME: \_\_\_\_\_ Phone: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ E-mail: \_\_\_\_\_

Number of sets required: \_\_\_\_\_ @ \$90.00 = \_\_\_\_\_ (enclosed)





# International Taekwon-Do Foundation of New Zealand Club Directory



## Auckland North Region

### Avondale

Waterview Primary,  
19 Oakley Ave, Waterview  
Instructor: *Mr Shaun Tolley*  
Tuesday & Thursday: 6.30 - 8.00 pm.

### Devonport

Devonport Community Centre,  
32 Clarence Street, Devonport  
Instructor: *Ms Jeanette Joe*  
Tuesday and Sunday, 5.00 - 6.30pm

### Glenfield

Glenfield Primary School,  
Chivalry Road, Glenfield.  
Instructor: *Mr Vaughan Rae*  
Monday/Thursday:  
6:30-7:30pm children (up to 15yrs)  
7:30-9:00pm adults (16yrs and over)

### Hibiscus Coast

Red Beach Primary School,  
20 Albert Hall Dr, Red Beach  
Instructor: *Mr Vince Pygott*  
Monday and Thursday, 6.00-7.30 pm

### Meadowbank

Remuera Intermediate,  
Ascot Ave, Remuera  
Instructor: *Mr Peter Graham*  
Tuesday and Thursday, Jnrs: 6.30 -  
7.30 pm, All: 6.30-8.00 pm.

### Nibun ITF Auckland Grammar

(Internal School Club)  
Margot Street, Epsom  
Instructor: *Mr Hong Looi*  
Monday & Wednesday 6.30pm - 8.00pm  
*Visiting students please obtain  
permission before visiting this branch.*

### Nibun ITF Baradene

(Internal School Club)  
Victoria Avenue, Epsom  
Instructor: *Mr Andrew Niven*  
Wednesday and Friday 7:00 - 8:15am  
*Visiting students please obtain  
permission before visiting this branch.*

### Nibun ITF Diocesan

(Internal School Club)  
Margot Street, Epsom  
Instructor: *Mr Andrew Niven*  
Tuesday and Thursday 7:00 - 8:15am  
*Visiting students please obtain  
permission before visiting this branch.*

### Nibun ITF Mt Albert

Wesley Intermediate School,  
Sandringham Road Extn, Mt Albert  
Instructor: *Mr Andrew Niven*  
Monday and Thursday 6:30 - 8:30pm

### Nibun ITF University of Auckland

Dance Studio, Recreation Centre,  
17 Symonds St, City  
Instructors: Mr Cameron Snelling  
and Miss Cilla Brown  
Tuesday 7:30 - 9:00 am  
Thursday 10:00 - 11:30am

### Stanmore Bay

Hibiscus Coast Leisure Centre,  
Stanmore Bay  
Instructor: *Mrs Shirley Pygott*  
Wednesday  
Kids under 7: 4.00-4.30 pm,  
over 7: 4.30 - 5.30 pm.

## Counties Manukau Region

### Howick

Howick Intermediate,  
Botany Road, Howick  
Instructor: *Mr Callum Barber*  
Tuesday and Thursday, 6.30-8.00 pm

### Infinity Manurewa

Greenmeadows Intermediate,  
Greenmeadows Road, Manurewa.  
Instructor: *Mr Steve Pellow*  
Monday and Wednesday,  
Mon: 6.30-8.30 pm, Wed: 6.00-8.00 pm

### Infinity Papakura

Kelvin Road Primary School,  
Kelvin Road, Papakura  
Instructor: *Mr Steve Pellow*  
Tuesday and Thursday,  
Kids only: 5.00-6.15 pm.

### Manurewa

Homai College Gym,  
Browns Road, Manurewa  
Instructor: *Mr Pete Macefield*  
Tuesday and Thursday,  
Jnrs: 5.30-6.30 pm, Snrs: 6.30-8.00 pm

### Pakuranga

Farmcove Intermediate,  
Butley Drive, Pakuranga  
Instructor: *Mr Mahesh Bhana*  
Monday and Wednesday, 6.30-8.00 pm

### Papakura

Papakura Normal School, Cnr  
Porchester/Walters Rds, Papakura  
Instructor: *Mr Paul McPhail*  
Monday and Wednesday, 6.30-8.00 pm.

### Papatoetoe

Papatoetoe Intermediate,  
Great South Road, Papatoetoe  
Instructor: *Mr Graeme Insull*  
Monday and Thursday, 6.00-8.00 pm

### Pukekohe

Buckland Hall, Buckland, Pukekohe  
Instructor: *Mr Luke Thompson*  
Tuesday & Friday 7.00-9.00 pm

### Wairua

Southern Cross Community Centre,  
Ngatapuwai College, Mangere  
Instructor: Mr John Harrison  
Monday and Wednesday, 6.00-8.30 pm.

### Waiuku

Waiuku College (Tuesday),  
Sandspit School (Thursday)  
Instructor: *Mr Phil Dunn*  
Tuesday / Thursday: 6.30pm - 8.00pm

## Waikato/BOP/Taranaki Region (WBT)

### Hamilton

Forestlake Primary School,  
Storey Ave, Hamilton  
Instructor: *Mr Grant Eccles*,  
Monday/Wednesday: 6:00-8:00pm

### Oakura

Scout Hall, Dixon Street, Oakura  
Instructor: Mr Murray Smith  
Thursday 5-30 to 7-00  
Sunday 10-30 to 12-00 pm.

### Stratford

Stratford Primary School Hall,  
Regan Street, Stratford  
Instructor: *Mr Ian Hayward*  
Tue & Thur: 6.00 - 7.30pm

### Te Awamutu

St Patricks Hall, Rewi Street,  
Te Awamutu  
Instructor: *Mr Evan Davidson*  
Thursday and Sunday, 6.00- 7.30 pm,  
Kids: Thur 5.30-6.30pm

### Tauranga

Tauranga Girls College,  
Cameron Rd, Tauranga  
Instructor: *Mr James Rimmer*  
Wed:6.30-8.00 & Sun: 5-6.30pm

### Waikeria

Community Hall, Main Street, Kihikihi  
Instructor: *Mr Ross Campbell*  
Tuesday and Sunday, Tue 6.30-7.30 pm,  
Sun: 5.30-7.00 pm.

### Taranaki

Ferndale hall, Barry Street,  
Frankley Road, New Plymouth  
Instructors: *Neill & Kirsten Livingstone*  
Tuesday 5-15 to 6-45pm  
Friday 5-30 to 7-00pm,  
Sunday 10.00-11.30am

## Central Districts Region

### Cloverlea

Cloverlea Primary School, Herbert Rd,  
Palmerston North  
Instructor: *Mr Danny Ward*  
Tuesday & Thursday,  
Kids: 5.30-6.30pm, Adults: 6.30-8.00 pm.

### Horowhenua

Horowhenua College Gym,  
Nelson Street, Levin  
Instructor: *Mr Andrew Salton*  
Monday & Friday 6.00 - 8.00 pm.

### Massey University

Martial Arts Dojang, Massey University,  
Palmerston North  
Instructor: *Ms Julie Sandbrook*  
Tuesday & Friday 6.30 - 8.30 pm.

### Palmerston North Academy

Chinese Association Hall, Napier Road,  
Palmerston North  
Instructor: *Mr Dave Ballard*  
Monday & Thursday 6.00-8.00 pm.

### Rangitikei

Marton Wrestling Gym,  
Wilson Park, Marton  
Instructor: *Mr Daniel Motu*  
Mon & wed: 6.00 - 7.30pm

### Tiger

Boys' High School Gym, Featherston St,  
Palmerston North  
Instructor: *Mr Michael Lowe*  
Monday & Wednesday 6.15-7.45 pm,  
Tiny Tigers Wednesday: 5.00-6.00 pm.

### West End

West End School, cnr College St &  
Botanical Rd, Palmerston North  
Instructor: *Mr Don Booth*  
Monday: 5:30-6:30pm,  
Thursday: 6:30-7:30pm

## Wellington Region

### Avalon

Avalon School Hall,  
10 Gordon St, Avalon  
Instructor: *Mr Byron Cummins*  
Monday & Thursday: 6.30-8.00 pm

### Berhampore

Berhampore School,  
106 Britomart St, Berhampore  
Instructor: *Mrs Lena Walton*  
Monday & Thursday 6.30 - 8.30pm.

### Brooklyn

Vogelmorn Hall, Vennell St, Brooklyn  
Instructor: *Mr Brett Kraiger*  
Thursday: Juniors: 5.30-6.20pm  
Seniors: 6.30-8.30 pm, Sunday Juniors:  
3.30-4.20 pm Seniors 4.30-6.30 pm.

### Kapiti Coast

Memorial Hall, Tennis Court Road,  
Raumati South  
Instructor: *Mr Greg Trilford*  
Tuesdays & Thursdays:  
7:30pm - 8:30pm

### Khandallah/Newlands

Instructor: *Mr Graham Patterson*  
Onslow College New Gym,  
Burma Rd, Johnsonville  
Monday & Thursday: 6.30-8.00 pm.  
Paparangi School Hall, Beazley Ave,  
Paparangi, Tuesday 6.30 - 8.00pm

### Lower Hutt Academy

Dyer St School Hall, Dyer St, Lower Hutt  
Instructor: *Mr Wayne Ebert*  
Monday 6:30-8:00pm Wednesday Jnr  
6:00-7:30pm, Snr 6:30-8:00pm

### Miramar

St Columbans Hall, Miramar  
Instructor: *Mr René Kunz*  
Wednesday/Sunday Jnrs: 5:30-6:30pm,  
Snrs: 6:30-8:00pm

### North Wellington

West Park School,  
Broderick Road, Johnsonville  
Instructor: *Ms Beryl Pimblott*  
Monday and Thursday:  
Jnrs 5.00-6.00 pm, Snrs 5.30-7.00pm.

### United

St Brandon's School Hall,  
Trentham, Upper Hutt  
Instructor: *Mr Blair Martin*  
Tuesday/Thursday: 6:00-7:30pm

### Silverpine

Pinehaven School,  
Pinehaven Rd, Pinehaven  
Instructor: *Mr Nick Carter*  
Monday/Thursday: 6:30-8:00pm

## South Island Region

### Dunedin

All Saints Church Hall,  
786 Cumberland Street, Dunedin  
Instructor: *Mr Daniel Kerr*  
Sunday & Wednesday: 6.00-7.30 pm.

### Greymouth

Instructor: *Ms Sonia Smith*  
Greymouth High School,  
Wednesday 6-7.30pm,  
Cobden School, Sunday 10.30-12.00 pm

### Mosgiel

Taieri High School Gym,  
Church St, Mosgiel  
Instructor: *Mr James Buchan*  
Monday & Wednesday 6.15-8.00 pm.

### Nelson

Scott Hall, Richmond A&P  
Showgrounds, Richmond, Nelson  
Instructor: *Mrs Pam Colee*  
Monday 7.00-8.30 pm &  
Wednesday 6.30-8.00 pm.

### Otago University

Activities hall, Clubs and Societies  
Building, Albany St, Dunedin  
Instructor: *Mr Kris Herbison*  
Tuesday and Friday 4-6pm.

### Redwoodtown

Cnr Cleghorn & Weld Streets  
Redwoodtown, Blenheim  
Instructor: *Mr Nathan McKendrick*  
Tuesday, Thursday &  
Sunday: 6.00 - 8.00 pm

### Riccarton

Villa Maria College, Peer Street,  
Upper Riccarton  
Instructor: *Mr Stuart Mayes*  
Monday and Wednesday: 6.30-8.00 pm

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### - EXECUTIVE -

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**President** - Mr Norman Ng, PO Box 67,161A College St, Palmerston North Ph: 06 357-5426, [nng@xtra.co.nz](mailto:nng@xtra.co.nz)

**Secretary** - Mr Vince Pygott, PO Box 457, Silverdale, Auckland, Ph/Fax (09) 426-6696, M (025)965-947, [secretary@itfnz.org.nz](mailto:secretary@itfnz.org.nz)

**Treasurer** - Ms Margaret Pepper, PO Box 97999 Sth Auck Mail Centre, Ph (09) 278-0984, 277-8278, [mem.pepper@xtra.co.nz](mailto:mem.pepper@xtra.co.nz)

**Auckland North Regional Director** - Mrs Trish Honey, 31D Craddock St Avondale, Auckland, Ph (09) H 820-2262, Fax (09) 579-0068, [thoney@ww.co.nz](mailto:thoney@ww.co.nz)

**Counties/Manukau Regional Director** - Mrs Sue Breen, 26 Merton Rd, St Johns, Ph (09) 521-3244, (025) 277-9210, [suebreen@monstar.co.nz](mailto:suebreen@monstar.co.nz)

**Waikato/Bay of Plenty/Taranaki Regional Director** - Mr Ian Campbell, 99 Elizabeth Ave, Te Awamutu, Ph (07) 871-4063, [ian.campbell@zfree.co.nz](mailto:ian.campbell@zfree.co.nz)

**Central Districts Regional Director** - Mr Mike Lowe, 70 Ruamahanga Cres, Palmerston North Ph (06) 358-3171, [m.lowe@clear.net.nz](mailto:m.lowe@clear.net.nz)

**Wellington Regional Director** - Mrs Beryl Pimblott, 2 Exploration Way, Whitby. Ph (04) H 234-7343, W 234-7832, [beryl@egl.co.nz](mailto:beryl@egl.co.nz)

**South Island Regional Director** - Mr Shane Rahui, 118 Haris Cres, Papanui Christchurch. Ph (03)3522067, [sdr31@yahoo.com](mailto:sdr31@yahoo.com)

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### - SUB-COMMITTEES -

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**Grading:** Paul McPhail (Director), E Davidson, J Rimmer, M Bhana, D Ward, G Patterson.

**Techniques:** Paul McPhail (Director), E Davidson, G Patterson, M Lowe.

**Tournaments:** Kevin Joe (Director), G Eccles, B Kraiger, M Banicevich.

**Marketing:** Hayden Breese (Director), J Pearson, L Mantjika, D Ward, D Ballard, K Livingstone, A Niven, L Walton, M Banicevich.

**Standards & Discipline:** Evan Davidson (Director), D Ward, B Pimblott, S Rahui, I Campbell, T Honey, S Breen.

# Uniforms . . .

At Martial Arts Apparel, we understand first-hand what ITFNZ members want in a uniform. We wear our own products. We believe we provide the best priced NZ-made ITFNZ uniform in the market place.



Compare our prices:		
	Martial Arts Apparel	Elsewhere*
Size 0	\$60.00	\$68.00
Size 1	\$65.00	\$74.00
Size 2	\$65.00	\$80.00
Size 3	\$75.00	\$87.00
Size 4	\$75.00	\$89.00
Size 5	\$75.00	-
<b>Black Belt Uniforms</b>		
All sizes I-III Dan	\$85.00	Add \$10 to all advertised prices
All sizes IV Dan	\$90.00	Add \$15 to all advertised prices

\*These prices taken from ITFNZ Price List 1.03.2001.

## Our uniforms feature:

- Poly/Cotton Drill fabric for easy Wash 'n Wear
  - Seams overlapped and double-stitched for extra strength
    - Polyester/Cotton thread used to prevent thread rotting and seams splitting
    - Screen-printing that won't wash or peel off.
  - Alteration and repair service available at a nominal cost to lengthen or shorten jackets and pants

Auckland members, if you want to view our product first-hand, phone and make an appointment to visit us or we will visit your local club to demonstrate other products available. Out-of-town and visiting Auckland, call us and arrange to view our products.



Phone: 09-235 2105 Fax: 09-235 2076  
Mobile: 025-837 110 email: ombe@ihug.co.nz

# INSTRUCTORS' CONFERENCE

20th - 23rd September

2001



**POWER PRIDE PASSION**

Limited Spaces Available  
Register by phoning Hayden on  
0800 468 876 or email  
[marketing@itfnz.org.nz](mailto:marketing@itfnz.org.nz)

Tui Ridge, Rotorua, New Zealand

A Product of the ITFNZ Marketing Sub-committee