

TKD Talk

The Official Magazine of ITFNZ
Taekwon-Do

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Epson ITFNZ National Tournament
ITFNZ Taekwon-Do Awards 2001



XIIth World Championships - Rimini, Italy



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Editorial

Hello and welcome to the August 2001 issue of TKD Talk. It is an exciting year for us, as you will see from the recent and future events described in these pages: the 12th ITF World Championships in Italy, the ITFNZ National Tournament in Counties Manukau, the second annual ITFNZ Taekwon-Do Awards, the Australian Invitational Tournament, the second annual Epson Open and the first ever ITFNZ Taekwon-Do Instructors' Conference.

With Hayden Breese staying in Europe after the World Championships, the role of editor falls to me. I would like to take this opportunity to thank the sponsors of ITFNZ Taekwon-Do for their continued support. Of course, you all know about the phenomenal support of Epson New Zealand for our tournaments, and the wonderful support of Web World for the ITFNZ Taekwon-Do web site. All I

can say is, if you need a printer or email, please return their support.

One sponsor you may not be aware of is Artech. You may have seen their advertisement in the last three issues of TKD Talk. It is no coincidence that these issues are the first to have full colour A4 covers. Artech paid for them. So if you or someone you know needs any printing done, please give them a call. Be sure to tell them you saw their ad in TKD Talk.

That's it for us this issue. I hope you like what you read. We welcome your feedback, and the best letters will be published in the next TKD Talk. We can be reached by email, tkdtalk@itfnz.org.nz, or snail mail, TKD Talk, 26 Merton Rd, St Johns, Auckland.

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About Our Cover

The cover photographs show scenes from the XIIth World Championships. Jeanette Joe faces off against a Bulgarian in Team Sparring (photo Michelle Smith), Daniel Jackson successfully executes flying reverse turning kick in Team Special Technique (photo Paul McPhail), and the whole team perform the Haka after the Closing Ceremony (photo Michelle Smith).

Letters to the Editor

Dear Editor,

I was re-reading an old copy of TKD Talk the other day (Nov 2000) and I found an article about the Sports Expo that we were involved in last year.

It was an awesome event. (More than 30 hours of training over 2 days and so many people!) I know there were others looking forward to doing it all again this year, but we've heard nothing of when it is going to be held.

Can anyone out there give us some information on when the Expo is going to be held this year so we can start telling everyone else about it nice and early? It would be terrible if we missed it just because no-one thought to ask.

Yours in TKD.
Always...
Haydn Cain
II Dan

Dear Mr Cain

Your question is very timely - there is an advertisement about this year's Sports Expo in this magazine. This year's event will be held at the same venue, the Greenlane Expo Centre, on the weekend of 5 - 7 October. It is shaping up to be even bigger and better than last year, and we have been invited back to run a site again.

*See you there.
The Editors.*



Dates

5-7 October 2001

Venue

Auckland Showgrounds, Greenlane

Times

Friday 12.00 pm - 8.30pm
Saturday 10.00 am - 8.30 pm
Sunday 10.00 am - 6.00 pm

Entry

Adults \$ 10
Students, Senior Citizens \$ 5
Kids under 5 free

**Help out with the Taekwon-Do Site
and get in free!**

Dear Editor

In Auckland, we have started to charge admission to major ITFNZ Taekwon-Do tournaments and reduced competitor entry fees. Charging for admission is part of a strategy to increase the public profile of ITFNZ Taekwon-Do. In future, we will send free passes to local radio stations and newspapers to give away as prizes. Complimentary passes to something with free admission have no value. Indeed, people unconsciously place less value on something that is free than something for which they pay. (Do you buy drinking water, or do you refuse to pay for it because you do not think it is worth \$2 a bottle?)

This method will have three key benefits. First, they give us free radio and newspaper advertising, which reach more people than circumstantial passers-by and increase public awareness. Second, anybody who makes use of those passes may join ITFNZ Taekwon-Do, increasing our membership. Third, these people may bring friends, who will pay for admission, so we can reduce the financial burden of tournaments on our members by transferring some of it to the general public.

Many activities charge admission into major events, including gymnastics, dance and music. Some martial arts groups charge up to \$8 per person for local tournaments! In some ways we are following their lead. But we have very clear reasons for doing so. If we find the technique successful, we will encourage its spread to other regions.

Mark Banicevich
Director of Marketing.

Have your details changed since you joined ITFNZ? Have you now got email?

Please send your current information (name, club, rank, address, work and home phone numbers and email address) to the database administrator at:

ITFNZ Taekwon-Do Database Administrator

suebreen@monstar.co.nz

26 Merton Rd, St Johns, Auckland.

World Championships 2001 - Competitors' Insights



The New Zealand Team outside Palasport in Rimini, Italy

It is a special honour to be chosen to represent your country, and it was with a feeling of this privilege as well as a fair degree of nervousness and anticipation that the team departed New Zealand in late June 2001 for the 12th World Championships in Rimini, Italy.

Fantastic coverage of the Championships was provided via the ITFNZ website by Mr McPhail and the Breen family, so this article will attempt not to replicate this information with a blow-by-blow chronological account of what happened. Rather we hope to give readers an idea of what it is like to compete in such an event, and also to share some (hopefully) interesting experiences that we had.

We had a couple of days in Rome

before heading up to Rimini. We took the chance to do some sightseeing around the historic sights, although with the constant thought of the competition that was looming it was difficult to ever fully relax. Everyone was also terrified of injuring ourselves or getting sick, and then according to Murphy's Law, Kylee tripped coming down the steps of St Peter's Cathedral in the Vatican City, wrenching her toe that had been healing from a previous injury. Thankfully, in the end she was able to compete without it bothering her too much. A highlight for many while in Rome was the Colosseum, the ultimate competition arena, and I think many were glad we were only to be facing Koreans and Polish in the ring rather than armed gladiators and hungry tigers.

The two days in Rimini before the competition started were spent



The Colosseum, Rome

nervously filling in time and also a couple of sweaty training sessions. Everyone was feeling pretty good, although the heat was tough. Many may have heard of Toni's ordeal of making weight for her sparring division, although can we just re-emphasize the whole-hearted commitment she displayed in sweating it out for hours that morning and then even having her hair cut off. It was inspiring for everyone to see this level of dedication demonstrated.

When the competition began, the attitude and professionalism of everyone there was obvious. In the sparring, certain competitors really seemed to stand out, and some of the skills were nothing short of incredible. As always, the sparring was hard with very few fouls being called for excessive contact. The sparring seemed to be particularly furious this time with less of the bouncing and waiting seen previously, perhaps due in part to the ring-size being down to 8x8m rather than 9x9m.

In terms of the patterns, once again

On the day of Toni's weigh in, she was 2kg over her limit. She rose at 6:25am and hit the hotel treadmill clothed in tracksuits. At 7:15am, she had to stop because the bus was early. Toni continued to train waiting for the bus, and in the centre. At 9:45am, she weighed in at 1kg over. She was tired, shaking and looking unwell, and had only

45mins to lose the weight – Mr Salton and Mr McPhail recommended she stop two or three times. But Toni refused to give up.

Mr McPhail wrote: "Toni was amazing...she worked harder than I have seen her and showed a spirit that was inspiring to all of us. Those team members who were there

joined in and helped, and she was near collapse at 10:30am. Finally Toni insisted that Carmen CUT HER HAIR, as it was so wet and heavy."

When she was called up at 10:30am, Toni made the limit. The team was so relieved – everyone was hugging and crying. For Mr McPhail, this was a highlight of the tournament.



the judges seemed to favour the crisp, rigid style over technical correctness; frustrating when you have trained so hard to be technically correct. Another thing the Koreans in particular do is flick their head in the direction of the



Hong Looi vs Bulgaria in Team Sparring

technique at the last second. A strategy of the Koreans during patterns competition was to often wait and choose the same optional pattern as their opponent, thus counting on any one of their patterns being better than their opponent's favourite one. For team sparring, we also noticed that the Korean men sometimes only took 3 sets of sparring gear into the ring that is confidence.

Actually, this occurred because they were using borrowed sparring gear, and we had to limit team sparring to three sets of gear per team. Otherwise we'd have run out.

The men's hyper-weight sparring final between Korea and Poland I found particularly interesting. Early in the first round the Korean fell awkwardly and dislocated his shoulder. The first aid personnel spent some time with him and managed to relocate it into place, however he was obviously still in a great deal of pain. He looked across to his coach who sternly motioned him to continue. The bout restarted, however the Korean was clutching his injured arm into his side and was completely unable to defend himself. As he was getting pummeled, he kept looking across to his coach who continued to urge him on. After a short while the referee stopped the bout to the disgust of the Korean coach but the relief of everyone else. I felt as if

the Korean coach was making a statement on behalf of the team of the degree of their spirit and that Korea would never quit. The ethics of this are somewhat questionable, however it was a striking example of the attitude of the countries competing there.

Some of the women's sparring at the tournament stood out from the rest. One of the noisiest was the match between the Slovenian and Argentinean women's micro-weights. While the two determined ladies hammered each other with super-fast kicks and near knock-out punches, their supporters cheered and it was all LOUD. The Slovenian supporters were jumping up and down on the bleachers armed with a big drum, chanting along to an energetic beat 'GO BIANCA, GO!' In their hands they waved around huge block letters that read their words. After the second bout and much suspense the result



Mark Trotter lands a reverse turning kick in Individual Sparring

was a draw so a third round was fought and what a round it was. Both competitors looked absolutely hammered but were determined to win and showed great spirit. In the end the Slovenian girl's hand was raised and the disappointed Argentinean coach got up and snatched an appeal form from the judges. He obviously had other thoughts on the match but did go and congratulate the winner and her coach. Bianca Tapilatu went on to win gold in the division and later in the competition in the men's light-weight another Slovenian, Tomaz Barada, took a gold. It turned out to be her partner, now how cool is that?

Bianca's parents were part of the Organising Committee - wow, were they proud parents! Her coach was none other than our old friend, Mr Willy van de Mortel.

Another awesome spectacle was between previous World Champs women's light-weight gold medallist, Julia Cross, from Scotland and the 1997 Russia World Champs gold medallist from Germany. After ijunbi before each round both girls practically roared at each other as opposed to kihap. Tremendous skill was exhibited by both competitors. The German girl spat out sidekicks like lightning accompanied by thunderous kihap glaring at her opponent with absolute determination and confidence. Ms Cross countered with whipping reverse hooking kicks with just as much sting and aggression. She was backed by the Scottish team cheering, 'YOU ARE JULIA, YOU ARE JULIA!'. After two rounds of awesome sparring a draw was called so we were lucky to witness a third round between the two girls. The last round got really intense where both competitors spat out fire-like combinations, but in the end the German girl managed to outscore her opponent and won bronze. We had a little chat with Ms Cross afterwards and found out that it was her fifth time competing at the Champs and on her first attempt she won bronze. She had also been suffering the effects of food poisoning in the days leading up to the competition.

Ms Cross' food poisoning was quite serious. She had spent a couple of days in hospital, and had to pull out of the patterns division. She was very disappointed.

The last two days of the tournament were particularly interesting with all the semi-finals and the finals of competition. One memory was watching the Korean women's middle-weight sparrer win gold, then quickly



Graham Patterson, Jeanette Joe, Lena Walton and Kylee Cusin (our former medallists on the 2001 Team) carry the New Zealand flag

News in Brief



This photo of the Opening Ceremony illustrates the size and layout of Palasport Centre - spot the Kiwis in the top right!

whipping off her sparring gear, while getting an earful from her coach, jump in the neighboring ring for the 3rd dan patterns final. In between her optional and designated patterns as she turned around to redo her belt she looked up at her coach who seemed to still be yelling something at her with a look to kill on her face. The Korean won the patterns round and ran happily into her coaches arms who now appeared overjoyed with her performance. Looking around at some of the other competitors and their coaches the similar focus on winning was seen. We saw one girl get hit across the face by her coach at half-time during a sparring match and another got punched in the chest. Ouch!



Kick like that under yer chin'd take yer head off!

The last day of the competition ended with us doing a fantastic haka on the center ring after Master Bos had finished all the formal presentations. The boys in the middle looked very

energetic, shirtless with team tracksuit pants, and the girls skillfully swinging their poi on the outskirts in a more modest version of the tracksuit. Everyone enjoyed the performance. A lot of people wanted to swap for the NZ team tracksuit but not many of us wanted to part with our lovely garments, so for all you future NZ team competitors be ready to be eyed up and down by hungry tracksuit swappers. The Champs ended with an awesome party at a club about an hour away from our Hotel. We all partied the night away, with some cutting it fine on their train and flight connections the next morning.

While the team was naturally disappointed not to come away with any medals this time, we felt overall that we had performed well and with a bit more luck we could have had a few medals. So we know that we were competitive and return home with our heads held high. The 2001 NZ Taekwon-Do team members would like to take this final opportunity to thank all those who supported us in our bid to take on the world's best. In particular our coaches Mr Salton and Mr McPhail, our managers Carmen and Debbie, our major sponsors ITFNZ Taekwon-Do and Botany Downs Town Centre, our individual sponsors and all supporters back home. So ask yourself, do you think you have what it takes for Poland 2003? Have a go and find out!

Jake Pearson III dan and
Cilla Brown I dan

If you weren't keeping up with the play, check out
www.itfnz.org.nz/features/archives/italy



Mr Mark Banicevich had the opportunity to train with Mr David Sutrisna and his students while working on a project in Jakarta late last year. Here Mr Banicevich and Mr Sutrisna are pictured with Indonesian students following a grading.



Did you know Ronald McDonald could punch? At a Have-a-Go Day in Long Bay earlier this year, Hibiscus Coast and Auckland Demonstration Team members found the answer was i Yes! Every year, each of the four Auckland cities organises a fantastic fun day, and ITFNZ is always in support. Come along and have fun next year... or the clown will get you!



In March this year a contingent of Auckland members joined the annual Nestlé Round the Bays fun run. For the first time in several years, the Auckland Demonstration Team also performed after the event.

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tkdtalk@itfnz.org.nz
or phone Mark on
(09) 355 8452

Epson ITFNZ Taekwon-Do National Tournament 2001

The tournament was held at the Gymsport and Recreation Centre in Papakura. For the Counties Manukau Team our journey to the tournament started about five weeks ago, with our first Counties Manukau team training. Everyone was trying hard to make the squad with Mr Impson and Mr Insull doing their best to make us fit and lean for the upcoming events.

The weeks went quickly, and next thing we knew it was Friday: time for the official weigh in and height check, and for the out-of-towners to check out the venue. Saturday morning the Counties Manukau team met at 7:30 sharp at the Papakura dojang. Everyone was nervous but looking forward to what lay ahead. Then off to the Nationals we went.

As we arrived the heart started pumping as we saw the other teams arriving, everyone proudly wearing their team uniforms. Once inside it was time to check the draws to see when we were on. The gym was well set up with 3 rings. First up was patterns which is always a good way of getting rid of your nerves. Spirits were high with all competitors trying their best, and excellent support from team members shouting out to their team mates. Competition was high but only the three best in each event would receive medals.



Jason Hornell (CM)
launches into a flying punch

having the bouts flow on one after the other. Sparring was great, everyone was getting into it: supporting their team members as they did their best to score more points than their opponent; seconds helped by giving advice and support; and the referees did their best to keep the bouts clean. Unfortunately accidents did occur and there were a few incidents where St Johns personnel were required. The well trained St Johns ladies had everything under control, and for those competitors who were feeling a bit sore we even had Mr Gillon to give a therapeutic massage.

By the end of the first day we



Toni Moki (CM)
Best Overall Black Belt
for the second year running

knew who had made it through to the finals of sparring and we headed home for a bit of well earned relaxation. Saturday night we headed for the Papakura Netball Centre where the dinner and Awards ceremony was taking place. After a good meal and a few drinks it was into the speeches which all went well, it was also good to see and hear from the World Championships team.

Sunday morning we arrived early and prepared for the final day. Starting off we were straight into the finals where we saw some excellent techniques performed. It was good to see all members from all regions upholding the tenets of



Trophies courtesy of Epson NZ

Taekwon-Do. The second day saw a lot of close bouts but only one could win gold on the day.

By lunchtime the sparring was completed and was followed with special techniques, power breaks and team patterns which is always exciting to watch with each region eager for gold.

At the conclusion of the team patterns we were instructed to form up for the award presentations. We were honoured to have special guests Mr Greg Skinner (General Manager of Epson NZ, the tournament sponsor) and Mr Bruce Pulman (the major sponsor of the venue) to help Mr Evan Davidson, Mr Paul McPhail and Mrs Sue Breen award the trophies. All competitors were cheered while receiving their awards for their efforts over the weekend. By 5 o'clock we had called it a night with teams heading for home.

We would like to say a special thank you to everyone who took part in organising and helping to make this the best Nationals ever, which we believe was a complete success. We also thank everyone who stayed behind to help clean up.

Thank you,
Darren Andrews and
Jonathon Ormsby
Counties Manukau

Nationals Results

Division	Gold	Silver	Bronze
Patterns Places			
Yellow Belt Patterns	AN, Nicola Tse	CM, Nicola Pallin-Simmonds	AN, Nick Hardley
Green Belt Patterns	WN, Michael Pete	WN, Raewyn Coburn	WB, Jasmine King
Blue Belt Patterns	CD, Renee Falaseuga	AN, Amanda Reed	CM, Jarrod Wereta-Harris
Red Belt Patterns	WB, Anita Schweiger	WB, Melody Schweiger	WN, Shane Rogers
1st Dan Patterns	CD, Nikki Mantjika	CD, Kenny Chiang	SI, Thu Thach
2nd Dan Patterns	CM, Toni Moki	WB, Andrew Neville	CM, Daniel Jackson
3rd Dan Patterns	CM, Lawrence Mantjika	AN, Matthew Breen	AN, Hong Looi
Sparring Places			
Peewee Girls GreenBlue Tall	CD, Jessica Walker	WB, Erin Grierson	CM, Sheylah Moki
Peewee Boys GreenBlue Tall	CD, Hemi Tukapua	AN, Luke Morris	CM, Peter Poko
Peewee Boys RedBlack Tall	CD, Tyler Pewhairangi	CD, David Burr	
Junior Girls GreenBlue Medium	CD, Alicia Yates	CD, Sarah Wilson	AN, Rachel Lim
Junior Girls GreenBlue Tall	AN, Helena Murray	CD, Gemma Aldrich	AN, Joanna Northey
Junior Girls RedBlack Medium	CM, Harmony Moki	CD, Sara Curtis	AN, Amy Kingston
Junior Girls RedBlack Tall	CD, Nikki Galpin	AN, Anna Wintle	CD, Chloe Trubshoe
Junior Boys GreenBlue Medium	CD, Karl Mehlhopt	CM, Kenton Savage	
Junior Boys GreenBlue Tall	WN, Simon Pittams	WB, Gregory Dyson	WN, Jehangir Wasti
Junior Boys RedBlack Tall	CD, Tonee Francis	CD, Robert Buddle	AN, Samuel Skinner
Vets Womens GreenBlue Openweight	CM, Karen Harrison	CM, Deborah Olesen	WB, Caroline Moore
Womens Green Lightweight	WB, Jasmine King	AN, Chuan-Whei Lee	
Womens Green Middleweight	AN, Michelle Lorenz	AN, Anna Harris	
Womens Green Heavyweight	WN, Sarah Rogers	WN, Rebecca Wood	AN, Ariane Heynen
Womens Blue Lightweight	SI, Rebecca Lansink	WN, Belinda MacDonald	AN, Amy Byrnes
Womens Blue Middleweight	AN, Amanda Reed	CD, Renee Falaseuga	AN, Sumitra Shankar
Womens Blue Heavyweight	AN, Antje Holländer	WB, Tina Harding	
Vets Womens RedBlack Openweight	SI, Lorraine Eade	AN, Christine Davey	
Womens Red Lightweight	AN, Stephanie Fill	CM, Amanda Deadman	CD, Estelle Speirs
Womens Red Middleweight	CM, Roseanne TeHau	AN, Karen Davey	AN, Cedar Brown
Womens Red Heavyweight	CD, Barbara Bowness	WN, Erin Boshier	
Womens 1st Dan Middleweight	WN, Suzanne Main	SI, Laura Mitchell	SI, Thu Thach
Womens 1st Dan Heavyweight	AN, Eva Segedin	CM, Rebecca Doogan	SI, Helen Kettings
Womens 2nd Dan+ Openweight	CM, Toni Moki	CD, Sandi Galpin	
Mens Green Lightweight	CM, Owen Dai	CM, Do_Hun Lee	WB, Neil Ward
Mens Green LightMiddleweight	AN, Carl Matthews	WN, Michael Pete	CM, Jason Hornell
Mens Green Middleweight	WN, Thomas Stuart	SI, Aaron Maoate	CD, Jonathan Rua
Mens Green Heavyweight	WN, Peter Doile	WN, Simon Lloyd-Evans	AN, Duane Jarrett
Vets Mens GreenBlue Openweight	CM, Greg Clencie	CD, Emanuel Yiannoutsos	WB, Peter Stet
Mens Blue Lightweight	AN, Kyaw Pau	WB, Scott Sutherland	WN, Mathew Kiernan
Mens Blue LightMiddleweight	AN, Dale Borland	CM, David Wu	SI, Chris Eley
Mens Blue Middleweight	CD, Trent Rogers	WB, Vincent Johnston	WB, Nathan Harvey
Mens Blue Heavyweight	AN, Cameron Head	CM, Brendon Doogan	WB, Shaun Skedgwell
Mens Red Lightweight	CD, Andy Kwan	WB, Scott McGrath	
Mens Red LightMiddleweight	WN, Ignacio Mackinley	SI, Andrew McLeod	CD, Cameron Wilson
Mens Red Middleweight	AN, Carl van_Roon	AN, Stuart Overton	WN, Paul Drysdale
Mens Red Heavyweight	WN, Alois Vogt	AN, David Glen	AN, Dafydd Sanders
Vets Mens RedBlack Openweight	CD, Richard Burr	CM, Keith Brown	CD, Bruce Morley
Mens 1st Dan Lightweight	CD, Kenny Chiang	AN, Royston Lim	WN, Hau Luu
Mens 1st Dan LightMiddleweight	WB, Clint King	WB, Timothy Linn	WN, Richard Lavin
Mens 1st Dan Middleweight	WN, Jake Goldsmith	CM, Richard Iotua	
Mens 1st Dan Heavyweight	CM, Jaime Reti	SI, Shane Rahui	
Mens 2nd Dan LightMiddleweight	CM, Daniel Jackson	WB, Andrew Neville	AN, Mark Trotter
Mens 2nd Dan MiddleHeavyweight	SI, Kris Herbison	SI, Stuart Mayes	WN, Rodney Thistoll
Mens 3rd Dan+ LightMiddleweight	AN, Hong Looi	CM, Stephen Pellow	
Mens 3rd Dan+ MiddleHeavyweight	AN, Vaughan Rae	CD, David Ballard	
Special Technique Places			
Junior Womens Black Belt Special	CM, Amanda Brown	SI, Joey Eade	AN, Alix Bartholomew
Junior Mens Black Belt Special	CM, Jonathan Prasad	AN, Samuel Skinner	
Womens Black Belt Special	CD, Nikki Galpin	CM, Toni Moki	CD, Sandi Galpin
Mens Black Belt Special	AN, Hong Looi	SI, Daniel Kerr	WB, Clint King
Power Test Places			
Womens Black Belt Power	SI, Lorraine Eade	CD, Nikki Mantjika	CM, Rebecca Doogan
Mens Black Belt Power	CM, Luke Thompson	WB, Matthew Bates	CM, Daniel Jackson
Best Belts			
Best Green Belt	WN, Mike Pete		
Best equal Blue Belts	AN, Amanda Reed	CD, Renee Falaseuga	
No best Red Belt			
Best Junior Black Belt	CD, Nikki Galpin		
Best Adult Black Belt	CM, Toni Moki		
Team Patterns			
Colour Belts	Auckland North		
Black Belts	Auckland North		
Best Region (points per team member)	Auckland North 1.95	Central Districts 1.84	Counties Manukau 1.80

AN	Auckland North	SI	South Island
CD	Central Districts	WB	Waikato/Bay of Plenty/Taranaki
CM	Counties Manukau	WN	Wellington

Two Special Days



The victorious Auckland North Team with their trophies

This year, July 28th and 29th were two special days for the Auckland North Taekwon-Do team. Indeed they were two special days for Taekwon-Do enthusiasts all over the country. It was on these two days that Auckland North (and all the other regions) would discover if the weeks of laborious training were to realise both individual dreams of gold and the dream of being crowned 'Best Overall Region'.

Nationals 2001 was an efficient and dignified affair thanks to our awesome sponsor Epson, the fantastic organising by our hosting district Counties Manukau, and the many volunteers that were to give their time and effort. This prime combination created an environment in which the competitors flourished. We hope to see more of the same excellent organising in Nationals to come. Auckland North plunged into this 'competitors' heaven' for Nationals 2001 hoping to find the road to glory.

Nicola and Nick stampeded their way through the scores of yellow belts to pluck out gold and bronze alongside Amanda, who had to settle for a silver after taking out many a disappointed blue belt. These, the first medals for Auckland North, gave their teammates a taste for more. Mr Looi and Mr Breen took two of the three III dan patterns medals. Ever the gentlemen, they allowed Mr Mantjika to take the gold. Mr Trotter followed suit and conferred the honour of gold on Miss Toni Moki although it meant that he was out of the medals.

Sparring erupted and we were to see some awesome bouts to take out the gold. The men's red belt divisions

proved scary to watch, with the magnitude of power and speed thrown around. In men's III dan and above, Mr Hong Looi exploded several times in an exciting final that prompted the Auckland North coaches to bestow on him the status of 'legend'.



"Take that!"
Hong Looi vs Steve Pellow

legendary status. Alix and Sam flew the best they could in their special technique divisions and landed soundly with welcome bronze and silver.

It was a tough battle for some of our competitors. They were all great practitioners but they were up against other 'greats' like themselves, the best in NZ. Alas, in tournaments the reality is that somebody has to miss out. It goes to show just how high the standard of Taekwon-Do in NZ is rising.

Amanda's patterns and sparring skills gave her a share of the 'Best Overall Blue Belt' award. This and the awards for Black Belt and Coloured Belt Team patterns were added to the hard



Coaches and Manager of Best Overall Region

fought mountain of medals. This mountain was the spoils of tremendous efforts by the Auckland North team together. And with this mountain it was to be that Auckland North was named 'Best Overall Region'. That would be enough to send anyone running down from the spectator stands to join Mr Breen receiving the trophy, which is exactly what our coach Mr Niven and manager Mr Matsuoka did. Mr Francis Fong and Mrs Shirley Pygott, who put a lot of valuable effort into the team, were a bit more conservative and opted to smile down from the spectator stands.

And now those two special days are over. We leave them, some with dreams realised and others with hopes yet to be fulfilled at a later date. Maybe next year we will come back to our coaches who pushed and inspired us and to our manager who fed and fussed over us for another two special days.

Cedar Brown
Auckland North



Mr Bruce Pulman
of Bruce Pulman Park

Mr Bruce Pulman is a prominent member of the Counties Manukau community. He has a strong reputation in sports (with roles in athletics and gymnastics), business, and community service. Mr Pulman attended our Nationals and Awards Ceremony. He made very positive comments about the courtesy exhibited by ITFNZ Taekwon-Do members.

The ITF NZ Taekwon-Do Awards Dinner



Nominees, winners, sponsors and other presenters

The annual awards dinner was held on the Saturday night of the Nationals. It was the social highlight of the weekend and also a time when we were able to honour some of the great work that has taken place over the last twenty years in Taekwon-Do. Five annual awards were presented: Best Instructor, Best Gup and Dan Students, Best Club, and of course the prestigious President's Award.

Best Instructor went to Mr Daniel Motu from the Rangitikei Dragons club (Central Districts) which also claimed Best Club. This award was much deserved as Mr Motu has dramatically changed this club for the better. Last year it had twelve members and now it has above thirty! Well done Mr Motu and the Rangitikei Dragons for all your hard work over the last year.

Best Dan Student went to Sandi Galpin of Palmerston North Taekwon-Do Academy and Best Kup Student went to Renee Faleseuga from Horowhenua club. Both these awards are received by students who demonstrate a good understanding of the tenets and who also show outstanding dedication to the art. It is reassuring to know that the future of our organisation is in the hands of people like Renee and Sandi.

Well done to Central Districts who swept up four of the five prizes, a great effort indeed. All awards received were greatly deserved and a big congratulations to those who won the awards and also to all who were nominated - you guys are great!

A big thumbs up must also go to Mr

Mark Banicevich of Papakura club who was honoured for his hard work and dedication by the Foundation and deservedly received The President's Award. Well done. It is wonderful for the junior and senior members alike to have such dedicated and talented senior dans to look up to and aspire to be like: we thank Mr Banicevich for that.

Auckland North, who had been embarrassing others with their delightful voices all day, made no attempt to restrict the noise to tournament only and many cheers were heard from their side of the room.

The dinner was wonderfully organised and all who attended had a really great time. We thought that the venue was perfect and had everything we needed - including a bar (not for juniors of course!). The food was delicious and catered for a wide variety of tastes (especially those desserts!). We are sure that you will all agree that a good meal was just what everyone needed after a fulfilling day of competition.

Thank you to Central Districts who entertained us for most of the night with their Coke can tower building skills. Unfortunately it did not last, and being the person he is, Matthew Breen could never say no to a good challenge - he built a tower on the Auckland North table which contained almost twenty cans stacked vertically on top of each other - a great effort Matty!!

The festivities (as Mr Banicevich would call them) began at around

10.00pm and for those who were not competing the next day a great night was had. There was a live DJ and really cool lights which created an atmosphere very different to that of the stressful tournament. It was awesome to see everyone out of their dobok and a great chance to catch up with others from around the country. You could tell on Sunday that everyone was a lot better acquainted with one another.

Overall the night was one to remember. Counties Manukau did a fantastic job and should be proud of such a successful evening. We hope that everyone else had a good time and look forward to seeing you all next year in WaiBopTaranaki!! Taekwon.

Amy Kingston and Anna Wintle
Auckland North



Messrs McPhail and Davidson cut the cake to celebrate 20 years of ITF(NZ) Inc.

There were also a number of special awards presented at the dinner: Messrs Norman Ng and Andrew Salton were presented plaques for over 25 years dedication to ITF Taekwon-Do (in absentia); Messrs Paul McPhail, Mahesh Bhana (in absentia) and Mark Banicevich were presented with ITF Umpires certificates.

A special cake was cut to celebrate 20 years of ITF NZ Taekwon-Do as an Incorporated Society. The cake was cut by two ITF NZ members who were there at the time - Messrs Evan Davidson and Paul McPhail, both 6th dan. For a while there, we thought they might have to cut it with a teaspoon, but that is another story!

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Check out the endorsements and frequently asked questions. Also the large list of links to Martial Art web sites around the world.

You could even win a free Maxi Guard by clicking on the link to TKD School.

Organising the World Championships?



Masters Bos and Galarraga
with the staff of the XIIth World Championships

I met Master Wim (pronounced iVimí) Bos a couple of times when I lived in Europe in 1994 and 1995, and kept in touch when I came home. When I heard he was hosting the 12th World Championships, I emailed him and said I was looking forward to travelling to the event, maybe as an umpire. Master Bos asked me if I would like to help on the Organising Committee. After initial concerns as to what this involved, I jumped at the chance. Master Bos assured me that my involvement would be purely at the event, from 1 to 9 July 2001.

On 19 January, I received an email from Master Bos that listed my duties as iofficial and closing ceremony coordinator, inside - outside hall arrangements, congress hall coordinator and I was one of many with secretarial duties. Quite a list! Others on the list of organisers were like a Whois Who of ITF Taekwon-Do in Europe - I thought I had better get good at making coffee!

The next six months passed without further detail from Master Bos (although he did say my iwife could help too!). I was becoming a bit concerned because *national* tournaments involve enough work. Master Bos was very relaxed, iJust call me when you arrive in Rome.î

The day after we arrived in Rome (my birthday), Master Bos took Michelle and I out to dinner. I discovered we had no need for concern. Master Bos had everything under control. We chatted over a lovely meal, and I got to pick his brains a bit about tournament rules. A few days later we met for lunch,

and I took a photograph of Master Bos with his scooter (a most common mode of transport in Rome, but quite a contrast to his Mercedes).

Michelle and I arrived in Rimini on 1 July. The New Zealand team had arrived a day earlier, and it was great to see them. We couldn't talk long, however, because we were just in time for lunch at the hotel. After lunch, we went back to the venue and helped to set up the centre.

We soon discovered our roles were more istaff than iorganisers. We helped put up flags, laid the mats for the centre ring and created ad hoc signs. (It is very difficult to use PowerPoint in Italian!) We had numerous laughs and language difficulties with the other staff (a team of Master Bosí students). Fortunately there was a Scotsman, Mr John McIlvany, with whom we could converse more freely. (Unfortunately I missed the biggest laugh. The team were bringing out big wooden boards to stack for the awards podium, and John came out lugging a huge wooden cross on his shoulder. iWhat do I do with this?i)

Michelle, who only recently joined Taekwon-Do, ended up helping with the VIPs. This was entertaining at times. iWhoís that?î iThatís Grand Master Park Jung Soo.î iWhoís that?î iThatís Master Choi Jung Hwa.î And the all time classic: iOne of the masters gave me a pen - that nice one who translated for General Choi.î iGrand Master Rhee.î iYes. How will I remember who it is from?î iThat image on the side is from a famous photo of

Grand Master Rhee doing a two direction kick.î iOh.î

I spent all four competition days securing one of the entrances to the competition area. It was a great opportunity to meet coaches and see old friends. I also got some of the best views of the tournament: all of Aaron McIlweeís bouts were in my ring (a highlight for me), among others.



Master Bos with his scooter

I also had the opportunity to attend the ITF Congress as an observer. Mr McPhail and Mr Patterson attended on behalf of New Zealand. Some of it was quite bureaucratic, such as voting on the minutes of the last Congress and reading the accounts. Voting for officers, on the other hand, aroused debate. It was voted that General Choi would do the next two years of a six year term as President of the ITF, at which point Master Choi Jung Hwa would assume the role. Heated debate also surrounded the timing of the next World Championships. The meeting was most competently chaired by the new ITF legal adviser, Mr Michael Tibollo.

It was a very tiring week. We worked quite long hours, and only made it to the beach for five minutes on the night of the party. However, it was a fantastic experience, and I learned a lot about running such an efficient tournament. Master Bos was wonderful to us, as were the other organisers and staff. I would like to offer them my sincere thanks, and I look forward to (umpiring in) Warsaw in 2003. Maybe one day we could host a World Championship tournament in New Zealand!

Mark Banicevich, III dan.

President's Corner



Mr Norman Ng

Congratulations to the members who represented New Zealand at the World Championships in Italy. You have made many friends and acquired a lot

of experience, which I hope you will share with our members.

The Tournament Sub-committee is in the process of reviewing the management of future World Championship teams. It is hoped that the procedure to be adopted will assist everyone to understand the needs and expectations of being a team member, a coach/assistant coach and a manager/assistant manager.

The Instructors' Conference will be held 21-23 September 2001. Many instructors have already registered. Will you be there to acquire some innovative ideas on: how to be a

creative instructor, taking care of business, life and death self defence, where ITFNZ is going in the future, and practical demonstrations of teaching of patterns, step sparring, free sparring and self defence? You will also have a chance to comment on the Management Plan, which will be emailed to you soon.

In April 2001, NZOC convened a meeting with representatives from ITFNZ, NZTF and TUNZ. A loose agreement was reached to provide a path for NZTF to join the Taekwon-Do Council of New Zealand but only time will tell whether such a union will become a reality.

Executive Committee Update

AGM 2001, Palmerston North

- It was gratifying to have Mr Harry Hemana attend this AGM. During the discussion on the Treasurer's report, Mr Hemana suggested that ITFNZ should consider having gradings bimonthly. Our Regional Examiner system could facilitate this.
- Mr Norman Ng and Ms Margaret Pepper were re-elected President and Treasurer respectively.
- The appointment of the following Regional Directors were confirmed: Trish Honey (AN), Sue Breen (CM), Ian Campbell (WBT), Mike Lowe (CD), Beryl Pimblott (Wgtn), Shane Rahui (SI).
- The other member of the Executive Committee is Mr Vince Pygott, our Secretary.

March Executive Committee Meeting

- New flags have been ordered. A new tie is being considered. When these are available, one tie per instructor, one tie per official assistant instructor and one flag per club will be supplied free of charge.
- Sue Breen was appointed Sales Officer.
- A special welcome to 3 clubs from the NZ TKD Academy and its instructors, Messrs Don Booth, Wayne Ebert and Blair Martin.
- The Tournament Sub-committee

was asked to poll the instructors whether the National tournament should be a closed or open event.

- Ms C. Schwager and Mr P. McPhail briefed the committee re the World Championship team and some funding issues. The committee decided that any money provided by ITFNZ shall be given directly to the team members.
- The Tournament Sub-committee should budget for NZ training expenses for the National Coach and Manager in its Annual Budget.
- Applications for the Senior National Coach and Manager close on 31 August 2001.

July Executive Committee Meeting

- Mr Ng gave a brief on the developments of the NZTC.
- UGS is for everyone to apply to. We would like more applicants, however there is only a limited amount of funding to go around.
- Tournament Sub-committee is revamping the tournament rules, with Mr Joe looking at dividing up the Tournament Document and more control of the International Teams going to be implemented.
- Overwhelming majority of instructors wanted the Nationals as a closed event. (77%)
- Instructors will be receiving a 3yr

Management Plan to peruse and supply comments on prior to the Instructors conference.

- Exec meetings are open to Exec members and Sub-committee Directors only. Other people wishing to have a say should go through their Regional Directors.



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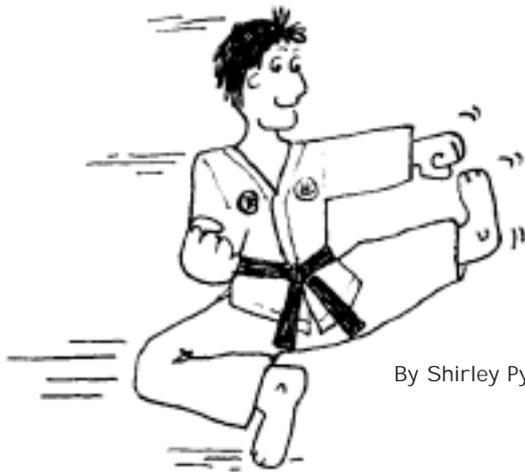
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By Shirley Pygott 2nd Dan

Kicks for Kids

This is a new feature especially for our junior members. If you have a TKD drawing, poem or joke, or a really good action photo of you doing TKD, send it in so that we can put it on this page, to tkdtk@itfnz.org.nz or post it to Kicks for Kids, P.O.Box 457 Silverdale Ak 1462. Make sure you include your name, rank and club.

The Admiral & the Turtle



Tenet Tangle

Match up the tenets by drawing a line from the English to the Korean for each one.

- | | | |
|--------------------|---------------|-------------------------|
| Indomitable Spirit | Guk Gi | Integrity |
| Yom Chi | | In Nae |
| Courtesy | | Self Control |
| Perseverance | Ye Ui | Baekjul Boolgool |



Admiral Yi Sun-Sin is one of Korea's most famous military heroes, (and may well have got the prize for best dressed male in a military category.) He was so good at outsmarting the enemy at sea, that if they thought he was going to show up to a battle then they almost didn't bother. One of the coloured belt patterns is named after Admiral Yi.

Is it a. Won-Hyo, b. Choong-Moo or c. Yul-Gok?

Answer: b. Choong-Moo 1st Kup Pattern

Admiral Yi is most famous for inventing a special type of fighting ship, called **Kobukson** (turtle-boat).

Why was it named after a turtle?

- It looked like a turtle.
- It moved slowly like a turtle.
- It was really good for hiding in.



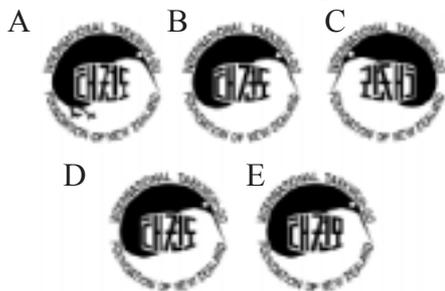
Are they gone yet?

Answer: a. It had a curved deck covered in iron plates forming a protective 'shell' over the top, which resembled the shell of a turtle. It even had iron spikes and knives fitted to the plates to stop the enemy from climbing aboard uninvited.

In the late 1500's, the Shogun of Japan sent his troops to invade Korea. Their Man-of-War boats each had one cannon and muskets.

Bogus Badges

Only one of the following is the real ITFNZ badge. Look carefully!



Junior Profile

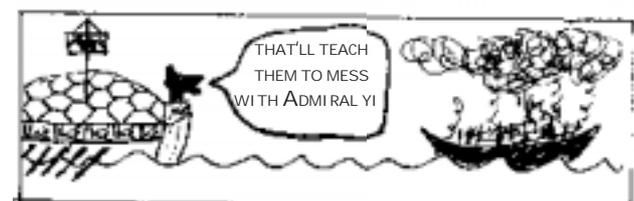
Next issue we will bring you a profile of an outstanding junior member. We will answer all your burning questions like "How long have you been doing TKD?", "What do you eat for breakfast before a tournament?" and "What's the best sparring bout you have ever fought?"



Admiral Yi put his strange looking kobukson boats to sea, and set out to meet the invading Japanese man-of-war fleet.



Nothing the Japanese fired at the Kobukson could get through the thick shell top. Admiral Yi chased the Japanese and blew them up.



Instructors' Conference

Over thirty years in the making, we have travelled our path to this point in time, we have seen hard times and the really good times involved within Taekwon-Do in New Zealand. We have matured as an organization and the time is right for us to develop further and plan the future of ITFNZ.

September 21st through to 23rd will see the inaugural ITFNZ Instructors' Conference to be held at Tui Ridge, Rotorua. From midday on Friday until early afternoon on Sunday, the conference will cover many topics of interest to existing and future instructors. Discussions, planning, development and strategies that will take us into the future.

Workshops that impact our teaching of Taekwon-Do, methods, styles of teaching and how to be creative in our instruction.

WORKSHOPS:

- **The Creative Instructor**
Creative classes, innovation, keep them guessing and coming back. New members and retention of members.
- **Instructors Certificate**
Gain or renew your ITFNZ Instructor's Certificate.
- **Practical Teaching Skills**
How to teach the skills involved in patterns, techniques or sparring.
- **ITFNZ 2001 and Beyond**
A look into the past, present and the future of ITFNZ. Mr Ng will present the current ITFNZ Strategic Plan.
- **Taking Care of Business**
Day to day running of a club, form management and club structure. Clubs and the law.
- **Life & Death**
Simulation of a real street assault and how to survive one.
- **Senior Dan Grading**
Conducted by Master Leong. This is a rare opportunity to see New Zealand practitioners grade to IV dan and above.
At time of printing, those grading include :
Lawrence Mantjika, Matthew Breen, Steve McQuillan, Neill Livingstone, Andrew Niven, Chris Fitzgerald, Mark Banicevich and Vince Pygott.

These are but a few of the activities planned for the Conference. Each topic will have time allowed for open discussion and to let us all share the experiences that have crossed our paths.

All ITFNZ Instructors should attend this special event.

Senior members from your club should also consider attending. To date, over 50 people have registered their attendance and this number will swell as we draw closer to September.

You can register on the ITFNZ website (<http://itfnz.org.nz/news/conference>), or send the information below to Mr David Ballard. Conference fees should be sent to the same, cheques made out to ITFNZ.

You can only have your true say if you attend the Conference yourself, and only as a collective can we plan your, our and my future with ITFNZ.

Please forward payment of \$65.00 (cheques made out to ITFNZ) to:

Mr D Ballard
171 West Street
Feilding

(Special price extended until end of August)

Be sure to include the following information: your name, phone number, email address, grade, club, region, and whether you are an ITFNZ Club Instructor.

We will send you confirmation of your registration and keep you up to date any changes to the programme.

David Ballard, III dan
Conference Organiser

INSTRUCTORS' CONFERENCE

21st - 23rd
September
2001



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To register contact
Mr David Ballard
(06) 323-2682
service@z-one.co.nz

Calendar of events for the remainder of 2001

17 - 19 August	Regional Camp - Wellington
29 August	Black Belt Training - Wellington
16 September	Women's Weekend - Wellington
21 - 23 September	ITF NZ INSTRUCTORS' CONFERENCE AND SENIOR GRADING (See article opposite)
29 - 30 September	AUSSIE INVITATIONAL TOURNAMENT - Auckland (See article page 20)
5 - 7 October	SPORTS EXPO - Greenlane Expo Centre, Auckland (See ad page 4)
6 October	EPSON Under 18 - Tauranga
14 October	Junior Tournament - Wellington
21 October	EPSON ITF OPEN - Auckland (See article page 20)
31 October	Black Belt Training - Wellington
27 - 28 October	Black Belt Grading - Auckland
10 - 11 November	Black Belt Grading - CD
14 November	NOVEMBER GRADINGS - Regional Examiners
16 - 18 November	Junior Camp - Aongatete Lodge in the Bay of Plenty (contact Mr Matthew Bates)
1 - 2 December	Black Belt Grading - South Island
8 December	EPSON Under 18 - South Island



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P R E S E N T S

AUSSIE ITF INVITATIONAL AND EPSON OPEN TOURNAMENTS

Following on from the momentum gained from the ITF World Champs and a successful National Tournament, ITF NZ are hosting two exciting International events this year - and they are not to be missed!

The first is a goodwill Tournament and Seminar in conjunction with the BAI-RUI school - the largest ITF Organisation in Australia. Mr Charles Birch (ex Kiwi) and his team will join us for an Open Tournament that will include Team Events - Australia VS New Zealand. We intend continuing and improving on organisational gains made at our Nationals, to bring you an exciting weekend of competition and training. Full details are on our website - www.itfnz.org.nz/news/aussieinvitational.

Then in October ITF NZ will host the 2nd EPSON OPEN Tournament, also to be held in Auckland. It is again open to any TKD practitioners, ITF or WTF.

This year's event is looking to be truly International, with two teams from Australia competing: - Mr Rocky Rounthwaite (6th dan) and team, plus Master Michael Daher (7th dan) is also looking at bringing competitors.

Check the webpage for details as they come to hand - at www.itfnz.org.nz/news/epsonopen.

**AUSSIE INVITATIONAL
International Tournament:
Saturday Sept 29th
Seminar:
Sunday Sept 30th**

EPSON New Zealand

**EPSON OPEN
Sunday 20th October
Labour Weekend**



International Taekwon-Do Foundation of New Zealand



Club Directory

Auckland North Region

Avondale

Mr Shaun Tolley
Waterview Primary
19 Oakley Ave, Waterview
Tuesday and Thursday, 6:30 - 8:00pm

Devonport

Ms Jeanette Joe
Devonport Community Centre
32 Clarence St, Devonport
Tuesday and Sunday, 5:00 - 6:30pm

Glenfield

Mr Vaughan Rae
Glenfield Primary School
Chivalry Rd, Glenfield
Monday and Thursday
Children (up to 15yrs): 6:30 - 7:30pm
Adults (16yrs and over): 7:30 - 9:00pm

Hibiscus Coast

Mr Vince Pygott
Red Beach Primary School
20 Albert Hall Dr, Red Beach
Monday and Thursday
Juniors 5:30 - 6:30pm Seniors 6:30 - 8:00pm

Meadowbank

Mr Peter Graham
Remuera Intermediate
Ascot Ave, Remuera
Tuesday and Thursday, 6:30 - 8:00pm

Nibun ITF Auckland Grammar

Mr Hong Looi
Mountain Rd, Epsom
Monday and Wednesday
6:30pm - 8:00pm
Visiting students please obtain permission before visiting this branch.

Nibun ITF Baradene

Mr Andrew Niven
Victoria Ave, Remuera
Wednesday and Friday, 7:00 - 8:15am
Visiting students please obtain permission before visiting this branch.

Nibun ITF Diocesan

Mr Andrew Niven
Margot St, Epsom
Tuesday and Thursday, 7:00 - 8:15am
Visiting students please obtain permission before visiting this branch.

Nibun ITF Mt Albert

Mr Andrew Niven
Wesley Intermediate School
Sandringham Rd Extn, Mt Albert
Monday and Thursday, 6:30 - 8:30pm

Nibun ITF University of Auckland

Mr Cameron Snelling
and Miss Cilla Brown
Dance Studio, Recreation Centre
17 Symonds St
Tuesday 7:30 - 9:00 am
Thursday 10:00 - 11:30am

Stanmore Bay

Mrs Shirley Pygott
Hibiscus Coast Leisure Centre
Stanmore Bay
Wednesday
Kids under 7: 4:00 - 4:30pm
over 7: 4:30 - 5:30pm

Counties Manukau Region

Howick

Howick Intermediate
Botany Rd, Howick
Tuesday and Thursday, 6:30 - 8:00pm

Infinity Manurewa

Mr Steve Pellow
Greenmeadows Intermediate
Greenmeadows Ave, Manurewa
Monday 6:30 - 8:30pm
Wednesday 6:00 - 8:00pm

Infinity Papakura

Mr Steve Pellow
Kelvin Rd Primary School
Kelvin Rd, Papakura
Tuesday and Thursday
Kids only: 5:00 - 6:15pm

Pakuranga

Mr Mahesh Bhana
Farmcove Intermediate
Butley Drive, Pakuranga
Monday and Wednesday, 6:30 - 8:00pm

Papakura

Mr Paul McPhail
Papakura Normal School Gym
Cnr Porchester and Walters Rds,
Papakura
Monday and Wednesday, 6:30 - 8:00pm

Papatoetoe

Mr Graeme Insull
Papatoetoe Intermediate
Great South Rd
Monday and Thursday, 6:00 - 8:00pm

Pukekohe

Mr Luke Thompson
Buckland Hall, Buckland, Pukekohe
Tuesday and Friday, 7:00 - 9:00pm

Wairua-Do

Mr John Harrison
Southern Cross Community Centre
Ngatapuawai College, Mangere
Monday and Wednesday, 6:00 - 8:30pm

Waiuku

Mr Phil Dunn
Sandspit School, Sandspit Rd, Waiuku
Tuesday and Thursday, 6:30pm - 8:00pm

Waikato/BOP/Taranaki Region

Hamilton

Mr Grant Eccles
Forestlake Primary School
Storey Ave, Hamilton
Monday and Wednesday, 6:00 - 8:00pm

Stratford

Mr Ian Hayward
Stratford Primary School Hall
Regan St, Stratford
Tuesday and Thursday, 6:00 - 7:30pm

Taranaki

Mr Neill Livingstone
and Mrs Kirsten Livingstone
Ferndale Hall, Barry St
Frankley Rd, New Plymouth
Tuesday 5:15 - 6:45pm
Friday 5:30 - 7:00pm

Tauranga

Mr James Rimmer
Tauranga Girls College
Cameron Rd, Tauranga
Wednesday 6:30 - 8:00pm
Sunday 5:00 - 6:30pm

Te Awamutu

Mr Evan Davidson
The Martial Arts Centre, 350 Bend Rd
Te Awamutu
Sunday and Wednesday, 6:30 - 8:00pm

Waikeria

Mr Ross Campbell
Community Hall, Main St, Kihikihi
Tuesday 6:00 - 7:30pm
Sunday 5:30 - 7:00pm

Central Districts Region

Cloverlea

Mr Danny Ward
Cloverlea Primary School
Herbert Rd, Palmerston North
Tuesday and Thursday
Kids: 5:30 - 6:30pm
Adults: 6:30 - 8:00pm

Hokowhitu

Ms Julie Sandbrook
Hokowhitu School Hall
227 Albert St, Palmerston North
Tuesday 6:30 - 8:00pm
Thursday 7:30 - 8:30pm

Horowhenua

Mr Andrew Salton
Horowhenua College Gym
Nelson St, Levin
Monday and Friday, 6:00 - 8:00pm

International Pacific College

Mr Kenny Chiang
IPC Recreation Centre
Palmerston North
Tuesday 6:30 - 8:30pm
Saturday 2:00 - 4:00 pm

TKD Talk

August 2001

Palmerston North Academy

Mr Dave Ballard
Chinese Association Hall, Napier Rd
Palmerston North
Monday and Thursday, 6:00 - 8:00pm

Rangitikei Dragons

Mr Daniel Motu
Marton Wrestling Gym
Wilson Park, Marton
Monday and Wednesday, 6:00 - 7:30pm

Taekwon-Do Cubs

Mr Rose Cherrington
Fairfield School Hall, Palmerston North
4-10 yrs only: Mondays 4:00 - 5:00pm

Tiger

Mr Michael Lowe
Boys' High School Gym
Featherston St, Palmerston North
Monday and Wednesday, 6:15 - 7:45pm
Tiny Tigers Wednesday, 5:00 - 6:00pm

West End

Mr Don Booth
West End School, cnr College St
and Botanical Rd, Palmerston North
Monday 5:30 - 6:30pm
Thursday 6:30 - 7:30pm

Wellington Region**Avalon**

Mr Byron Cummins
Avalon School Hall, 10 Gordon St, Avalon
Monday and Thursday, 6:30 - 8:00pm

Berhampore

Mrs Lena Walton
Berhampore School, 106 Britomart St
Berhampore
Monday and Thursday, 6:30 - 8:30pm

Brooklyn

Mr Brett Kraiger
Vogelmorn Hall, Vennell St, Brooklyn
Thursday, Juniors: 5:30 - 6.20pm
Seniors: 6:30 - 8:30pm
Sunday 4:30 - 6:30pm

Kapiti Coast

Mr Greg Trilford
Memorial Hall, Tennis Court Rd
Raumati South
Tuesday and Thursday, 7:00 to 8:30pm

Khandallah/Newlands

Mr Graham Patterson
Onslow College New Gym
Burma Rd, Johnsonville
Monday and Thursday, 6:30 - 8:00pm
Paparangi School Hall
Beazley Ave, Paparangi
Tuesday 6:30 - 8:00pm

Lower Hutt Academy

Mr Wayne Ebert
Dyer St School Hall, Dyer St, Lower Hutt
Monday 6:30 - 8:00pm
Wednesday, Juniors: 6:00 - 7:30pm
Seniors: 6:30 - 8:00pm

Miramar

Mr René Kunz
Miramar South School, Kauri St, Miramar
Monday and Thursday
Juniors: 5:30 - 6:30pm
Seniors: 6:30 - 8:00pm

North Wellington

Ms Beryl Pimblott
West Park School, Broderick Rd
Johnsonville
Monday and Thursday
Juniors 5:00 - 6:00pm
Seniors 5:30 - 7:00pm

Silverpine

Mr Nick Carter
Pinehaven School, 93 Pinehaven Rd
Pinehaven
Monday and Thursday, 6:30 - 8:00pm

United

Mr Blair Martin
St Brandon's School Hall
Trentham, Upper Hutt
Tuesday and Thursday, 6:00 - 7:30pm

South Island Region**Dunedin**

Mrs Helen Kettings
All Saints Church Hall
786 Cumberland St, Dunedin
Sunday and Wednesday, 6:00 - 8:00pm

Greymouth

Ms Sonia Smith
Greymouth High School, High St
Wednesday 6:00 - 7:30pm
Cobden School, Cobden
Sunday 10:30am - 12:00pm

Mosgiel

Mr Mark Allen and Mrs Teresa Allen
Taiera High School Gym
Church Rd, Mosgiel
Monday and Wednesday, 6:00 - 8:00pm

Nelson

Mrs Pam Colee
Scout Hall, Richmond A&P Showgrounds
Richmond, Nelson
Monday 7:00 - 8:30pm
Wednesday 6:30 - 8:00pm

Otago University

Mr Kris Herbison
Activities Hall
Clubs and Societies Building
Albany St, Dunedin
Tuesday and Friday, 4:00 - 6:00pm

Redwoodtown

Mr Rex Stuart
Cnr Cleghorn and Weld Sts
Redwoodtown, Blenheim
Tuesday and Thursday, 6:00 - 8:00pm

Riccarton

Mr Stuart Mayes
Villa Maria College, Peer St
Upper Riccarton, Christchurch
Monday and Wednesday, 6:30 - 8:00pm

Details Wrong?

If the details for your club
differ from those shown
here, please inform the
Secretary (details below)
and the Editors :
tkdtalk@itfnz.org.nz

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Central Districts Regional Director - Mr Mike Lowe, Ph (06) 358-3171, m.lowe@clear.net.nz

Wellington Regional Director - Mrs Beryl Pimblott, Ph (04) H 234-7343, W 234-7832, beryl@egl.co.nz

South Island Regional Director - Mr Shane Rahui, Ph (03)352-2067, sdr31@yahoo.com

- SUB-COMMITTEES -

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Techniques: Paul McPhail (Director), E Davidson, G Patterson, M Lowe.

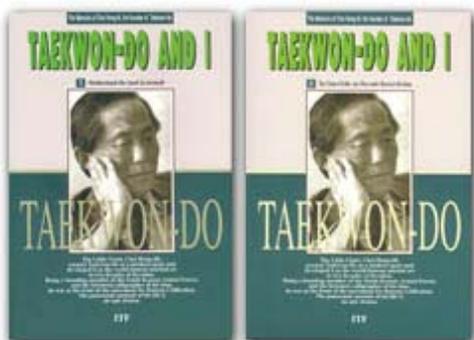
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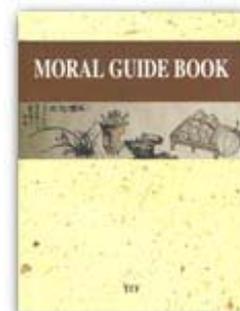
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